

# Package ‘trackerR’

August 29, 2025

**Version** 1.6.1

**Title** Infrastructure for Running, Cycling and Swimming Data from  
GPS-Enabled Tracking Devices

**Description** Provides infrastructure for handling running, cycling and swimming data from GPS-enabled tracking devices within R. The package provides methods to extract, clean and organise workout and competition data into session-based and unit-aware data objects of class 'trackerR-data' (S3 class). The information can then be visualised, summarised, and analysed through flexible and extensible methods. Frick and Kosmidis (2017) <[doi:10.18637/jss.v082.i07](https://doi.org/10.18637/jss.v082.i07)>, which is updated and maintained as one of the vignettes, provides detailed descriptions of the package and its methods, and real-data demonstrations of the package functionality.

**Depends** R (>= 3.1.0), zoo

**Imports** ggplot2, ggridges, xml2, RSQLite, jsonlite, raster, scam,  
foreach, fda, sp, leaflet, ggmap, patchwork

**Suggests** spelling, testthat, knitr, rmarkdown, covr

**VignetteBuilder** knitr

**License** GPL-3

**URL** <https://github.com/trackerproject/trackerR>

**BugReports** <https://github.com/trackerproject/trackerR/issues>

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| append | <i>Generic function for appending data to existing files</i> |
|--------|--------------------------------------------------------------|

---

**Description**

Generic function for appending data to existing files

**Usage**

append(object, file, ...)

**Arguments**

- object            The object to be appended.
- file             The file to which object is to be appended.
- ...              Arguments to be passed to methods.

---

|                    |                                                  |
|--------------------|--------------------------------------------------|
| append.trackeRdata | <i>Append training sessions to existing file</i> |
|--------------------|--------------------------------------------------|

---

**Description**

Append training sessions to existing file

**Usage**

```
## S3 method for class 'trackeRdata'  
append(object, file, ...)
```

**Arguments**

- object            The object to be appended.
- file             The file to which object is to be appended.
- ...              Currently not used.

---

|     |                                                                 |
|-----|-----------------------------------------------------------------|
| c2d | <i>Transform concentration profile to distribution profile.</i> |
|-----|-----------------------------------------------------------------|

---

**Description**

Transform concentration profile to distribution profile.

**Usage**

```
c2d(cp)
```

**Arguments**

|    |                                               |
|----|-----------------------------------------------|
| cp | Single concentration profile as a zoo object. |
|----|-----------------------------------------------|

---

|              |                                                               |
|--------------|---------------------------------------------------------------|
| change_units | <i>Generic function for changing the units of measurement</i> |
|--------------|---------------------------------------------------------------|

---

**Description**

Generic function for changing the units of measurement

**Usage**

```
change_units(object, variable, unit, sport, ...)
```

```
changeUnits(object, variable, unit, sport, ...)
```

**Arguments**

|          |                                                                                                                   |
|----------|-------------------------------------------------------------------------------------------------------------------|
| object   | The object of which the units of measurement are changed.                                                         |
| variable | A vector of variables whose units are to be changed.                                                              |
| unit     | A vector with the units, corresponding to variable.                                                               |
| sport    | A vector of sports (among 'cycling', 'running', 'swimming') with each element corresponding to variable and unit. |
| ...      | Arguments to be passed to methods.                                                                                |

---

`change_units.conProfile`*Change the units of the variables in an `conProfile` object*

---

**Description**

Change the units of the variables in an `conProfile` object

**Usage**

```
## S3 method for class 'conProfile'  
change_units(object, variable, unit, ...)
```

**Arguments**

|                       |                                                                                               |
|-----------------------|-----------------------------------------------------------------------------------------------|
| <code>object</code>   | An object of class <code>conProfile</code> as returned by <code>concentrationProfile</code> . |
| <code>variable</code> | A vector of variables to be changed.                                                          |
| <code>unit</code>     | A vector with the units, corresponding to variable.                                           |
| <code>...</code>      | Currently not used.                                                                           |

---

`change_units.distrProfile`*Change the units of the variables in an `distrProfile` object*

---

**Description**

Change the units of the variables in an `distrProfile` object

**Usage**

```
## S3 method for class 'distrProfile'  
change_units(object, variable, unit, ...)
```

**Arguments**

|                       |                                                                                                |
|-----------------------|------------------------------------------------------------------------------------------------|
| <code>object</code>   | An object of class <code>distrProfile</code> as returned by <code>distributionProfile</code> . |
| <code>variable</code> | A vector of variables to be changed.                                                           |
| <code>unit</code>     | A vector with the units, corresponding to variable.                                            |
| <code>...</code>      | Currently not used.                                                                            |

---

`change_units.trackeRdata`*Change the units of the variables in an trackeRdata object*

---

**Description**

Change the units of the variables in an trackeRdata object

**Usage**

```
## S3 method for class 'trackeRdata'  
change_units(object, variable, unit, sport, ...)
```

**Arguments**

|                       |                                                                                                                                              |
|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| <code>object</code>   | An object of class <code>trackeRdata</code> .                                                                                                |
| <code>variable</code> | A vector of variables whose units are to be changed.                                                                                         |
| <code>unit</code>     | A vector with the units, corresponding to <code>variable</code> .                                                                            |
| <code>sport</code>    | A vector of sports (among 'cycling', 'running', 'swimming') with each element corresponding to <code>variable</code> and <code>unit</code> . |
| <code>...</code>      | Arguments to be passed to methods.                                                                                                           |

---

`change_units.trackeRdataSummary`*Change the units of the variables in an trackeRdataSummary object*

---

**Description**

Change the units of the variables in an trackeRdataSummary object

**Usage**

```
## S3 method for class 'trackeRdataSummary'  
change_units(object, variable, unit, ...)
```

**Arguments**

|                       |                                                                                                                                                           |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>object</code>   | An object of class <code>trackeRdataSummary</code> .                                                                                                      |
| <code>variable</code> | A vector of variables to be changed. Note, these are expected to be concepts like 'speed' rather than variable names like 'avgSpeed' or 'avgSpeedMoving'. |
| <code>unit</code>     | A vector with the units, corresponding to <code>variable</code> .                                                                                         |
| <code>...</code>      | Currently not used.                                                                                                                                       |

---

`change_units.trackeRdataZones`*Change the units of the variables in an trackeRdataZones object*

---

**Description**

Change the units of the variables in an trackeRdataZones object

**Usage**

```
## S3 method for class 'trackeRdataZones'  
change_units(object, variable, unit, ...)
```

**Arguments**

|                       |                                                                                                                                                           |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>object</code>   | An object of class trackeRdataZones.                                                                                                                      |
| <code>variable</code> | A vector of variables to be changed. Note, these are expected to be concepts like 'speed' rather than variable names like 'avgSpeed' or 'avgSpeedMoving'. |
| <code>unit</code>     | A vector with the units, corresponding to variable.                                                                                                       |
| <code>...</code>      | Currently not used.                                                                                                                                       |

---

`change_units.trackeRthresholds`*Change the units of the variables in an trackeRthresholds object*

---

**Description**

Change the units of the variables in an trackeRthresholds object

**Usage**

```
## S3 method for class 'trackeRthresholds'  
change_units(object, variable, unit, sport, ...)
```

**Arguments**

|                       |                                                                                                                   |
|-----------------------|-------------------------------------------------------------------------------------------------------------------|
| <code>object</code>   | An object of class trackeRthresholds.                                                                             |
| <code>variable</code> | A vector of variables whose units are to be changed.                                                              |
| <code>unit</code>     | A vector with the units, corresponding to variable.                                                               |
| <code>sport</code>    | A vector of sports (among 'cycling', 'running', 'swimming') with each element corresponding to variable and unit. |
| <code>...</code>      | Arguments to be passed to methods.                                                                                |



---

change\_units.trackeRWprime

*Change the units of the variables in an [trackeRWprime](#) object*


---

### Description

Change the units of the variables in an [trackeRWprime](#) object

### Usage

```
## S3 method for class 'trackeRWprime'
change_units(object, variable, unit, ...)
```

### Arguments

|          |                                                     |
|----------|-----------------------------------------------------|
| object   | An object of class <a href="#">trackeRWprime</a> .  |
| variable | A vector of variables to be changed.                |
| unit     | A vector with the units, corresponding to variable. |
| ...      | Currently not used.                                 |

---

collect\_units

*Collect units from the result of [generate\\_units](#)*


---

### Description

Collects the units from the results of [generate\\_units](#) according to a unit\_reference\_sport

### Usage

```
collect_units(object, unit_reference_sport = NULL)
```

### Arguments

|                      |                                                                                             |
|----------------------|---------------------------------------------------------------------------------------------|
| object               | a data.frame, as returned by <a href="#">generate_units</a>                                 |
| unit_reference_sport | The sport to inherit units from (default is taken to be the most frequent sport in object). |

---

|                |                                                                                              |
|----------------|----------------------------------------------------------------------------------------------|
| compute_breaks | <i>Compute a grid of breakpoints per variable from a <a href="#">trackeRdata</a> object.</i> |
|----------------|----------------------------------------------------------------------------------------------|

---

## Description

Compute a grid of breakpoints per variable from a [trackeRdata](#) object.

## Usage

```
compute_breaks(
  object,
  a = 1e-04,
  n_breaks = 9,
  limits = NULL,
  what = c("speed", "heart_rate")
)
```

## Arguments

|          |                                                                                                                                                                                             |
|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| object   | A <a href="#">trackeRdata</a> object.                                                                                                                                                       |
| a        | The levels at which quantiles will be computed are a and 1 - a. Default is a = 0.0001.                                                                                                      |
| n_breaks | A scalar determining the number of breakpoints to be computed                                                                                                                               |
| limits   | A list of a vectors, each specifying the lower and upper limit for each variable to be used when computing the grid. Default is NULL, in which case <a href="#">compute_limits</a> is used. |
| what     | The variables for which a grid of breakpoints should be computed. Defaults to c("speed", "heart_rate").                                                                                     |

## Value

A named list with names as in what, with elements the grids of breakpoints per variable.

## Examples

```
data("runs")
compute_breaks(runs, what = c("speed", "heart_rate", "altitude"))
```

---

|                |                                                                    |
|----------------|--------------------------------------------------------------------|
| compute_limits | Compute variable limits from a <a href="#">trackeRdata</a> object. |
|----------------|--------------------------------------------------------------------|

---

**Description**

Compute variable limits from a [trackeRdata](#) object.

**Usage**

```
compute_limits(object, a = 1e-04)
```

**Arguments**

|        |                                                                                        |
|--------|----------------------------------------------------------------------------------------|
| object | A <a href="#">trackeRdata</a> object.                                                  |
| a      | The levels at which quantiles will be computed are a and 1 - a. Default is a = 0.0001. |

**Details**

compute\_limits computes limits by finding the a and 1 - a quantiles for each variable in each session, and then taking the minimum and maximum of the a and 1 - a, respectively, across sessions.

---

|                       |                                           |
|-----------------------|-------------------------------------------|
| concentration_profile | Generic method for concentration profiles |
|-----------------------|-------------------------------------------|

---

**Description**

Generic method for concentration profiles

**Usage**

```
concentration_profile(object, session = NULL, what = NULL, ...)
```

```
concentrationProfile(object, session = NULL, what = NULL, ...)
```

**Arguments**

|         |                                                                                                                           |
|---------|---------------------------------------------------------------------------------------------------------------------------|
| object  | An object of class <a href="#">trackeRdata</a> or <a href="#">distrProfile</a> .                                          |
| session | A numeric vector of the sessions to be used, defaults to all sessions.                                                    |
| what    | The variables for which the distribution profiles should be generated. Defaults to all variables in object (what = NULL). |
| ...     | Currently not used.                                                                                                       |

**See Also**

concentration\_profile.distrProfile concentration\_profile.trackeRdata

**Examples**

```
## Not run:
## Compute concentration profiles from distribution profiles
data('run', package = 'trackeR')
dProfile <- distributionProfile(run, what = 'speed', grid = seq(0, 12.5, by = 0.05))
cProfile <- concentrationProfile(dProfile)
plot(cProfile, smooth = FALSE)
plot(cProfile)

## And now directly from the 'trackeRdata' object, which is a
## considerably faster if all that is needed are the concentration
## profiles
cProfile <- concentrationProfile(runs, what = 'speed',
                                limits = list(speed = c(0, 12.5)))
plot(cProfile, smooth = FALSE)
ridges(cProfile)
plot(cProfile, smooth = TRUE)

## End(Not run)
```

---

concentration\_profile.distrProfile

*Generate training concentration profiles.*

---

**Description**

Generate training concentration profiles.

**Usage**

```
## S3 method for class 'distrProfile'
concentration_profile(object, session = NULL, what = NULL, ...)

## S3 method for class 'trackeRdata'
concentration_profile(
  object,
  session = NULL,
  what = NULL,
  limits = NULL,
  parallel = FALSE,
  unit_reference_sport = NULL,
  scale = FALSE,
  ...
)
```

**Arguments**

|                      |                                                                                                                                                                                          |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| object               | An object of class <a href="#">trackeRdata</a> or <a href="#">distrProfile</a> .                                                                                                         |
| session              | A numeric vector of the sessions to be used, defaults to all sessions.                                                                                                                   |
| what                 | The variables for which the distribution profiles should be generated. Defaults to all variables in object (what = NULL).                                                                |
| ...                  | Currently not used.                                                                                                                                                                      |
| limits               | A named list of vectors of two numbers to specify the lower and upper limits for the variables in what. If NULL (default) the limits for the variables in what are inferred from object. |
| parallel             | Logical. Should computation be carried out in parallel? Default is FALSE.                                                                                                                |
| unit_reference_sport | The sport to inherit units from (default is taken to be the most frequent sport in object).                                                                                              |
| scale                | Logical. If FALSE (default) then the integral of the profiles over the real line matches the session length.                                                                             |

**Value**

An object of class `conProfile`.

Object:

A named list with one or more components, corresponding to the value of `what`. Each component is a matrix of dimension `g` times `n`, where `g` is the length of the grids set in `grid` (or 200 if `grid = NULL`) and `n` is the number of sessions requested in the `session` argument.

Attributes:

Each `conProfile` object has the following attributes:

- `sport`: the sports corresponding to the columns of each list component
- `session_times`: the session start and end times corresponding to the columns of each list component
- `unit_reference_sport`: the sport where the units have been inherited from
- `operations`: a list with the operations that have been applied to the object. See [get\\_operations.distrProfile](#)
- `limits`: The variable limits that have been used for the computation of the concentration profiles.
- `units`: an object listing the units used for the calculation of distribution profiles. These is the output of [get\\_units](#) on the corresponding [trackeRdata](#) object, after inheriting units from `unit_reference_sport`.

**References**

- Kosmidis, I., and Passfield, L. (2015). Linking the Performance of Endurance Runners to Training and Physiological Effects via Multi-Resolution Elastic Net. *ArXiv e-print* arXiv:1506.01388.
- Frick, H., Kosmidis, I. (2017). `trackeR`: Infrastructure for Running and Cycling Data from GPS-Enabled Tracking Devices in R. *Journal of Statistical Software*, **82**(7), 1–29. doi:10.18637/jss.v082.i07

---

conversions

*Auxiliary conversion functions*

---

### **Description**

Conversion functions for distance, duration, speed, pace, power, cadence and temperature.

### **Usage**

m2km(variable)

km2m(variable)

m2ft(variable)

ft2m(variable)

m2mi(variable)

mi2m(variable)

km2ft(variable)

ft2km(variable)

km2mi(variable)

mi2km(variable)

ft2mi(variable)

mi2ft(variable)

m2m(variable)

km2km(variable)

ft2ft(variable)

mi2mi(variable)

s2min(variable)

min2s(variable)

s2h(variable)

h2s(variable)  
min2h(variable)  
h2min(variable)  
h2h(variable)  
min2min(variable)  
s2s(variable)  
min2min(variable)  
h2h(variable)  
degree2degree(variable)  
m\_per\_s2km\_per\_h(variable)  
km\_per\_h2m\_per\_s(variable)  
m\_per\_s2ft\_per\_min(variable)  
ft\_per\_min2m\_per\_s(variable)  
m\_per\_s2ft\_per\_s(variable)  
ft\_per\_s2m\_per\_s(variable)  
m\_per\_s2mi\_per\_h(variable)  
mi\_per\_h2m\_per\_s(variable)  
m\_per\_s2km\_per\_min(variable)  
km\_per\_min2m\_per\_s(variable)  
m\_per\_s2mi\_per\_min(variable)  
mi\_per\_min2m\_per\_s(variable)  
km\_per\_h2ft\_per\_min(variable)  
ft\_per\_min2km\_per\_h(variable)  
km\_per\_h2ft\_per\_s(variable)

ft\_per\_s2km\_per\_h(variable)  
km\_per\_h2mi\_per\_h(variable)  
mi\_per\_h2km\_per\_h(variable)  
km\_per\_h2km\_per\_min(variable)  
km\_per\_min2km\_per\_h(variable)  
km\_per\_h2mi\_per\_min(variable)  
mi\_per\_min2km\_per\_h(variable)  
ft\_per\_min2ft\_per\_s(variable)  
ft\_per\_s2ft\_per\_min(variable)  
ft\_per\_min2mi\_per\_h(variable)  
mi\_per\_h2ft\_per\_min(variable)  
ft\_per\_min2km\_per\_min(variable)  
km\_per\_min2ft\_per\_min(variable)  
ft\_per\_min2mi\_per\_min(variable)  
mi\_per\_min2ft\_per\_min(variable)  
ft\_per\_s2mi\_per\_h(variable)  
mi\_per\_h2ft\_per\_s(variable)  
ft\_per\_s2km\_per\_min(variable)  
km\_per\_min2ft\_per\_s(variable)  
ft\_per\_s2mi\_per\_min(variable)  
mi\_per\_min2ft\_per\_s(variable)  
mi\_per\_h2km\_per\_min(variable)  
km\_per\_min2mi\_per\_h(variable)  
mi\_per\_h2mi\_per\_min(variable)



mi\_per\_min2mi\_per\_h(variable)  
km\_per\_min2mi\_per\_min(variable)  
mi\_per\_min2km\_per\_min(variable)  
m\_per\_s2m\_per\_s(variable)  
km\_per\_h2km\_per\_h(variable)  
ft\_per\_min2ft\_per\_min(variable)  
ft\_per\_s2ft\_per\_s(variable)  
mi\_per\_h2mi\_per\_h(variable)  
km\_per\_min2km\_per\_min(variable)  
mi\_per\_min2mi\_per\_min(variable)  
m\_per\_s2m\_per\_min(variable)  
m\_per\_min2m\_per\_s(variable)  
m\_per\_min2m\_per\_min(variable)  
bpm2bpm(variable)  
s\_per\_m2min\_per\_km(variable)  
min\_per\_km2s\_per\_m(variable)  
s\_per\_m2min\_per\_mi(variable)  
min\_per\_mi2s\_per\_m(variable)  
min\_per\_km2min\_per\_mi(variable)  
min\_per\_mi2min\_per\_km(variable)  
min\_per\_ft2min\_per\_km(variable)  
min\_per\_ft2min\_per\_mi(variable)  
s\_per\_m2s\_per\_m(variable)  
min\_per\_km2min\_per\_km(variable)

min\_per\_mi2min\_per\_mi(variable)  
h\_per\_km2min\_per\_km(variable)  
h\_per\_km2min\_per\_mi(variable)  
h\_per\_mi2min\_per\_km(variable)  
h\_per\_mi2min\_per\_mi(variable)  
W2kW(variable)  
kW2W(variable)  
W2W(variable)  
kW2kW(variable)  
steps\_per\_min2steps\_per\_min(variable)  
rev\_per\_min2rev\_per\_min(variable)  
steps\_per\_min2rev\_per\_min(variable)  
rev\_per\_min2steps\_per\_min(variable)  
C2F(variable)  
C2C(variable)  
F2F(variable)  
F2C(variable)

**Arguments**

variable            Variable to be converted.

---

|                     |                                      |
|---------------------|--------------------------------------|
| decreasing_smoother | <i>Smooth a decreasing function.</i> |
|---------------------|--------------------------------------|

---

**Description**

This smoother ensures a positive response that is a monotone decreasing function of x.

**Usage**

```
decreasing_smoother(x, y, k = 30, len = NULL, sp = NULL)
```

```
decreasingSmoother(x, y, k = 30, len = NULL, sp = NULL)
```

**Arguments**

|     |                                                                                                                                |
|-----|--------------------------------------------------------------------------------------------------------------------------------|
| x   | The regressor passed on to the formula argument of <a href="#">scam</a> .                                                      |
| y   | The response passed on to the formula argument of <a href="#">scam</a> .                                                       |
| k   | Number of knots.                                                                                                               |
| len | If NULL, the default, x is used for prediction. Otherwise, prediction is done over the range of x with len equidistant points. |
| sp  | A vector of smoothing parameters passed on to <a href="#">scam</a> .                                                           |

---

|                |                                   |
|----------------|-----------------------------------|
| distance2speed | <i>Convert distance to speed.</i> |
|----------------|-----------------------------------|

---

**Description**

Convert distance to speed.

**Usage**

```
distance2speed(distance, time, timeunit)
```

**Arguments**

|          |                                                         |
|----------|---------------------------------------------------------|
| distance | Distance in meters.                                     |
| time     | Time.                                                   |
| timeunit | Time unit in speed, e.g., "hours" for speed in *_per_h. |

**Value**

Speed in meters per second.

---

distribution\_profile    *Generate training distribution profiles.*

---

### Description

Generate training distribution profiles.

### Usage

```
distribution_profile(
  object,
  session = NULL,
  what = NULL,
  grid = NULL,
  parallel = FALSE,
  unit_reference_sport = NULL
)
```

```
distributionProfile(
  object,
  session = NULL,
  what = NULL,
  grid = NULL,
  parallel = FALSE,
  unit_reference_sport = NULL
)
```

### Arguments

|                      |                                                                                                                                                    |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| object               | An object of class <a href="#">trackeRdata</a> .                                                                                                   |
| session              | A numeric vector of the sessions to be used, defaults to all sessions.                                                                             |
| what                 | The variables for which the distribution profiles should be generated. Defaults to all variables in object (what = NULL).                          |
| grid                 | A named list containing the grid values for the variables in what. If NULL (default) the grids for the variables in what are inferred from object. |
| parallel             | Logical. Should computation be carried out in parallel? Default is FALSE.                                                                          |
| unit_reference_sport | The sport to inherit units from (default is taken to be the most frequent sport in object).                                                        |

### Value

An object of class distrProfile.

Object:

A named list with one or more components, corresponding to the value of what. Each component is a matrix of dimension g times n, where g is the length of the grids set in grid (or 201 if grid = NULL) and n is the number of sessions requested in the session argument.

Attributes:

Each distrProfile object has the following attributes:

- sport: the sports corresponding to the columns of each list component
- session\_times: the session start and end times corresponding to the columns of each list component
- unit\_reference\_sport: the sport where the units have been inherited from
- operations: a list with the operations that have been applied to the object. See [get\\_operations.distrProfile](#)
- limits: The variable limits that have been used for the computation of the distribution profiles
- units: an object listing the units used for the calculation of distribution profiles. These is the output of [get\\_units](#) on the corresponding [trackeRdata](#) object, after inheriting units from unit\_reference\_sport.

## References

Kosmidis, I., and Passfield, L. (2015). Linking the Performance of Endurance Runners to Training and Physiological Effects via Multi-Resolution Elastic Net. *ArXiv e-print* arXiv:1506.01388.

Frick, H., Kosmidis, I. (2017). trackeR: Infrastructure for Running and Cycling Data from GPS-Enabled Tracking Devices in R. *Journal of Statistical Software*, **82**(7), 1–29. doi:10.18637/jss.v082.i07

## Examples

```
data('run', package = 'trackeR')
dProfile <- distribution_profile(run, what = c("speed", "cadence_running"))
## Not run:
plot(dProfile, smooth = FALSE)

## End(Not run)
```

---

```
find_unit_reference_sport
```

*Find the most frequent sport in an object*

---

## Description

Find the most frequent sport in an object

## Usage

```
find_unit_reference_sport(object)
```

## Arguments

object                    any object with a [get\\_sport](#) method implemented (run methods(get\_sport)).

---

|                    |                                                                        |
|--------------------|------------------------------------------------------------------------|
| fortify.conProfile | Fortify a <a href="#">conProfile</a> object for plotting with ggplot2. |
|--------------------|------------------------------------------------------------------------|

---

**Description**

Fortify a [conProfile](#) object for plotting with ggplot2.

**Usage**

```
## S3 method for class 'conProfile'  
fortify(model, data, melt = FALSE, ...)  
  
fortify_conProfile(model, data, melt = FALSE, ...)
```

**Arguments**

|       |                                                                                         |
|-------|-----------------------------------------------------------------------------------------|
| model | The <a href="#">conProfile</a> object.                                                  |
| data  | Ignored.                                                                                |
| melt  | Logical. Should the data be melted into long format instead of the default wide format? |
| ...   | Ignored.                                                                                |

---

|                      |                                                                          |
|----------------------|--------------------------------------------------------------------------|
| fortify.distrProfile | Fortify a <a href="#">distrProfile</a> object for plotting with ggplot2. |
|----------------------|--------------------------------------------------------------------------|

---

**Description**

Fortify a [distrProfile](#) object for plotting with ggplot2.

**Usage**

```
## S3 method for class 'distrProfile'  
fortify(model, data, melt = FALSE, ...)  
  
fortify_distrProfile(model, data, melt = FALSE, ...)
```

**Arguments**

|       |                                                                                         |
|-------|-----------------------------------------------------------------------------------------|
| model | The <a href="#">distrProfile</a> object.                                                |
| data  | Ignored.                                                                                |
| melt  | Logical. Should the data be melted into long format instead of the default wide format? |
| ...   | Ignored.                                                                                |

---

|                     |                                                               |
|---------------------|---------------------------------------------------------------|
| fortify.trackeRdata | <i>Fortify a trackeRdata object for plotting with ggplot2</i> |
|---------------------|---------------------------------------------------------------|

---

### Description

Fortify a trackeRdata object for plotting with ggplot2

### Usage

```
## S3 method for class 'trackeRdata'
fortify(model, data, melt = FALSE, ...)

fortify_trackeRdata(model, data, melt = FALSE, ...)
```

### Arguments

|       |                                                                                         |
|-------|-----------------------------------------------------------------------------------------|
| model | The <a href="#">trackeRdata</a> object.                                                 |
| data  | Ignored.                                                                                |
| melt  | Logical. Should the data be melted into long format instead of the default wide format? |
| ...   | Ignored.                                                                                |

---

|                            |                                                                       |
|----------------------------|-----------------------------------------------------------------------|
| fortify.trackeRdataSummary | <i>Fortify a trackeRdataSummary object for plotting with ggplot2.</i> |
|----------------------------|-----------------------------------------------------------------------|

---

### Description

Fortify a trackeRdataSummary object for plotting with ggplot2.

### Usage

```
## S3 method for class 'trackeRdataSummary'
fortify(model, data, melt = FALSE, ...)

fortify_trackeRdataSummary(model, data, melt = FALSE, ...)
```

### Arguments

|       |                                                                                         |
|-------|-----------------------------------------------------------------------------------------|
| model | The <a href="#">trackeRdata</a> object.                                                 |
| data  | Ignored.                                                                                |
| melt  | Logical. Should the data be melted into long format instead of the default wide format? |
| ...   | Currently not used.                                                                     |

---

`fortify.trackeRWprime` *Fortify a trackeRWprime object for plotting with ggplot2.*

---

### Description

Fortify a trackeRWprime object for plotting with ggplot2.

### Usage

```
## S3 method for class 'trackeRWprime'
fortify(model, data, melt = FALSE, ...)

fortify_trackeRWprime(model, data, melt = FALSE, ...)
```

### Arguments

|                    |                                                                                         |
|--------------------|-----------------------------------------------------------------------------------------|
| <code>model</code> | The trackeRWprime object as returned by <a href="#">Wprime</a> .                        |
| <code>data</code>  | Ignored.                                                                                |
| <code>melt</code>  | Logical. Should the data be melted into long format instead of the default wide format? |
| <code>...</code>   | Ignored.                                                                                |

---

|                     |                                                                                            |
|---------------------|--------------------------------------------------------------------------------------------|
| <code>funPCA</code> | <i>Functional principal components analysis of distribution or concentration profiles.</i> |
|---------------------|--------------------------------------------------------------------------------------------|

---

### Description

Functional principal components analysis of distribution or concentration profiles.

Generic function for functional principal components analysis

### Usage

```
## S3 method for class 'distrProfile'
funPCA(object, what, nharm = 4, ...)

## S3 method for class 'conProfile'
funPCA(object, what, nharm = 4, ...)

funPCA(object, ...)
```



**Arguments**

|        |                                                                            |
|--------|----------------------------------------------------------------------------|
| object | The object to which a functional principal components analysis is applied. |
| what   | The variable for which the profiles should be analysed.                    |
| nharm  | The number of principal components estimated.                              |
| ...    | Arguments to be passed to methods.                                         |

**Details**

The ... argument is passed on to [pca.fd](#).

**Value**

An object of class trackerRfpca.

**References**

Ramsay JO, Silverman BW (2005). Functional Data Analysis. Springer-Verlag New York.

**Examples**

```
## Not run:
data('runs', package = 'trackerR')
dp <- distributionProfile(runs, what = 'speed')
dp.pca <- funPCA(dp, what = 'speed', nharm = 4)
## 1st harmonic captures vast majority of the variation
plot(dp.pca, harm = 1)
## time spent above speed = 0 is the characteristic distinguishing the profiles
sumRuns <- summary(runs)
plot(sumRuns$durationMoving, dp.pca$scores[,1])

## End(Not run)
```

---

GC2trackerData

*Coercion function for use in Golden Cheetah*


---

**Description**

Coercion function for use in Golden Cheetah

**Usage**

```
GC2trackerData(
  gc,
  cycling = TRUE,
  correct_distances = FALSE,
  country = NULL,
  mask = TRUE,
```

```

    from_distances = FALSE,
    lgap = 30,
    lskip = 5,
    m = 11,
    silent = FALSE
  )

```

### Arguments

|                   |                                                                                                                                                                               |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| gc                | Output of GC.activity.                                                                                                                                                        |
| cycling           | Logical. Does the data stem from cycling?                                                                                                                                     |
| correct_distances | Logical. Should the distances be corrected for elevation? Default is FALSE.                                                                                                   |
| country           | ISO3 country code for downloading altitude data. If NULL, country is derived from longitude and latitude                                                                      |
| mask              | Logical. Passed on to <a href="#">getData</a> . Should only the altitudes for the specified country be extracted (TRUE) or also those for the neighbouring countries (FALSE)? |
| from_distances    | Logical. Should the speeds be calculated from the distance recordings instead of taken from the speed recordings directly?                                                    |
| lgap              | Time in seconds corresponding to the minimal sampling rate.                                                                                                                   |
| lskip             | Time in seconds between the last observation before a small break and the first imputed speed or the last imputed speed and the first observation after a small break.        |
| m                 | Number of imputed observations in each small break.                                                                                                                           |
| silent            | Logical. Should warnings be generated if any of the sanity checks on the data are triggered?                                                                                  |

### See Also

[trackeRdata](#)

---

|                     |                                     |
|---------------------|-------------------------------------|
| generate_thresholds | <i>Generate default thresholds.</i> |
|---------------------|-------------------------------------|

---

### Description

Generate default thresholds.

### Usage

```

generate_thresholds(variable, lower, upper, sport, ...)

generateDefaultThresholds(variable, lower, upper, sport, ...)

```

**Arguments**

|          |                                                                                                                             |
|----------|-----------------------------------------------------------------------------------------------------------------------------|
| variable | A vector of variables with user-specified thresholds.                                                                       |
| lower    | A vector of lower limits corresponding to the elements of variable.                                                         |
| upper    | A vector of upper limits corresponding to the elements of variable.                                                         |
| sport    | A vector of sports (amongst 'cycling', 'running', 'swimming') with each element corresponding to variable, lower and upper. |
| ...      | Currently not used.                                                                                                         |

---

|                |                                     |
|----------------|-------------------------------------|
| generate_units | <i>Generate and set base units.</i> |
|----------------|-------------------------------------|

---

**Description**

Generate and set base units.

**Usage**

```
generate_units(variable, unit, sport, ...)
```

```
generateBaseUnits(variable, unit, sport, ...)
```

**Arguments**

|          |                                                                                                                     |
|----------|---------------------------------------------------------------------------------------------------------------------|
| variable | A vector of variables with user-specified units.                                                                    |
| unit     | A vector with the user-specified units, corresponding to variable (see details).                                    |
| sport    | A vector of sports (amongst 'cycling', 'running', 'swimming') with each element corresponding to variable and unit. |
| ...      | Currently not used.                                                                                                 |

**Details**

The available units are

- variables latitude and longitude with unit degree (default)
- variables altitude, distance with unit m (default), km, mi or ft
- variable heart\_rate with unit bpm (default)
- variable speed with unit m\_per\_s (default), km\_per\_h, ft\_per\_min, ft\_per\_s or mi\_per\_h
- variable cadence\_running with unit steps\_per\_min (default; running only)
- variable cadence\_cycling with unit rev\_per\_min (default; cycling only)
- variable power with unit W (Watt; default) or kW (cycling only)
- variable temperature with unit C (Celsius; default) or F

Note that generate\_units checks if the supplied combinations of variable and sport are valid. generate\_units will not check if any of the supplied units are correct for the corresponding combination of variable and sport.

---

|                    |                              |
|--------------------|------------------------------|
| get_elevation_gain | (Cumulative) Elevation gain. |
|--------------------|------------------------------|

---

### Description

(Cumulative) Elevation gain.

### Usage

```
get_elevation_gain(
  object,
  smooth = FALSE,
  cumulative = FALSE,
  vertical_noise = 0
)
```

### Arguments

|                |                                                                                            |
|----------------|--------------------------------------------------------------------------------------------|
| object         | A (univariate) zoo object.                                                                 |
| smooth         | Logical. Should the elevation be smoothed? Default is TRUE.                                |
| cumulative     | Logical. Return the cumulative elevation gain (FALSE; default) or just the elevation gain? |
| vertical_noise | A scalar. Absolute elevation gains less than vertical_noise are set to zero. Default is 0. |

### Details

The elevation gain is defined here as the difference in altitude between two consecutive observations. If `cumulative = FALSE` then the elevation gain is returned, otherwise any elevation losses (i.e. negative elevation gain) are ignored and the cumulative elevation gain is returned. If `smooth = TRUE` then the elevation gain will be smoothed using a spline smoother before either returning it or computing cumulative elevation gains.

---

|                |                                                        |
|----------------|--------------------------------------------------------|
| get_operations | Generic function for retrieving the operation settings |
|----------------|--------------------------------------------------------|

---

### Description

Generic function for retrieving the operation settings

### Usage

```
get_operations(object, ...)

getOperations(object, ...)
```

**Arguments**

|        |                                                             |
|--------|-------------------------------------------------------------|
| object | The object of which the units of measurement are retrieved. |
| ...    | Arguments to be passed to methods.                          |

---

get\_operations.conProfile

*Get the operation settings of an conProfile object*


---

**Description**

Get the operation settings of an conProfile object

**Usage**

```
## S3 method for class 'conProfile'
get_operations(object, ...)
```

**Arguments**

|        |                                                                                     |
|--------|-------------------------------------------------------------------------------------|
| object | An object of class conProfile as returned by <a href="#">concentrationProfile</a> . |
| ...    | Currently not used.                                                                 |

---

get\_operations.distrProfile

*Get the operation settings of an distrProfile object*


---

**Description**

Get the operation settings of an distrProfile object

**Usage**

```
## S3 method for class 'distrProfile'
get_operations(object, ...)
```

**Arguments**

|        |                                                                                      |
|--------|--------------------------------------------------------------------------------------|
| object | An object of class distrProfile as returned by <a href="#">distributionProfile</a> . |
| ...    | Currently not used.                                                                  |

---

```
get_operations.trackerdata
```

*Get the operation settings of an trackerdata object*

---

### Description

Get the operation settings of an trackerdata object

### Usage

```
## S3 method for class 'trackerdata'
get_operations(object, ...)
```

### Arguments

|        |                                                  |
|--------|--------------------------------------------------|
| object | An object of class <a href="#">trackerdata</a> . |
| ...    | Currently not used.                              |

---

```
get_profile.distrProfile
```

*Generic function to subset distribution and concentration profiles*

---

### Description

Generic function to subset distribution and concentration profiles

### Usage

```
## S3 method for class 'distrProfile'
get_profile(object, session = NULL, what = NULL, ...)
```

```
## S3 method for class 'conProfile'
get_profile(object, session = NULL, what = NULL, ...)
```

```
get_profile(object, session, what, ...)
```

### Arguments

|         |                                                                                                                                                                                             |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| object  | An object of class <a href="#">distrProfile</a> or <a href="#">conProfile</a> as returned by <a href="#">distribution_profile</a> and <a href="#">concentration_profile</a> , respectively. |
| session | A numeric vector of the sessions to selected. Defaults to all sessions.                                                                                                                     |
| what    | A character version of the variables to be selected. Defaults to all variables in object (what = NULL).                                                                                     |
| ...     | Current no used.                                                                                                                                                                            |

---

|                     |                                               |
|---------------------|-----------------------------------------------|
| get_resting_periods | <i>Extract resting period characteristics</i> |
|---------------------|-----------------------------------------------|

---

**Description**

Extract resting period characteristics

**Usage**

```
get_resting_periods(times, session_threshold)

restingPeriods(times, session_threshold)
```

**Arguments**

|                   |                                                                                                                                                         |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| times             | Timestamps.                                                                                                                                             |
| session_threshold | The threshold in hours for the time difference between consecutive timestamps above which they are considered to belong to different training sessions. |

**Value**

A list containing a dataframe with start, end, and duration for each session and the resting time between sessions, named 'sessions' and 'restingTime', respectively.

---

|                          |                                               |
|--------------------------|-----------------------------------------------|
| get_sport.trackerRWprime | <i>Generic function for extracting sports</i> |
|--------------------------|-----------------------------------------------|

---

**Description**

Generic function for extracting sports

**Usage**

```
## S3 method for class 'trackerRWprime'
get_sport(object, ...)

## S3 method for class 'conProfile'
get_sport(object, session = NULL, ...)

## S3 method for class 'distrProfile'
get_sport(object, session = NULL, ...)

get_sport(object, session, ...)
```

```
## S3 method for class 'trackeRdata'
get_sport(object, session = NULL, ...)

## S3 method for class 'trackeRdataSummary'
get_sport(object, session = NULL, ...)
```

### Arguments

|         |                                           |
|---------|-------------------------------------------|
| object  | The object from which to extract sports.  |
| ...     | Arguments to be passed to methods.        |
| session | The sessions for which to extract sports. |

---

|           |                                                                 |
|-----------|-----------------------------------------------------------------|
| get_units | <i>Generic function for extracting the units of measurement</i> |
|-----------|-----------------------------------------------------------------|

---

### Description

Generic function for extracting the units of measurement

### Usage

```
get_units(object, ...)

getUnits(object, ...)
```

### Arguments

|        |                                                             |
|--------|-------------------------------------------------------------|
| object | The object of which the units of measurement are retrieved. |
| ...    | Arguments to be passed to methods.                          |

---

|                      |                                                               |
|----------------------|---------------------------------------------------------------|
| get_units.conProfile | <i>Get the units of the variables in an conProfile object</i> |
|----------------------|---------------------------------------------------------------|

---

### Description

Get the units of the variables in an conProfile object

### Usage

```
## S3 method for class 'conProfile'
get_units(object, ...)
```

### Arguments

|        |                                |
|--------|--------------------------------|
| object | An object of class conProfile. |
| ...    | Currently not used.            |



---

`get_units.distrProfile`*Get the units of the variables in an distrProfile object*

---

**Description**

Get the units of the variables in an distrProfile object

**Usage**

```
## S3 method for class 'distrProfile'  
get_units(object, ...)
```

**Arguments**

|                     |                                                |
|---------------------|------------------------------------------------|
| <code>object</code> | An object of class <code>distrProfile</code> . |
| <code>...</code>    | Currently not used.                            |

---

`get_units.trackeRdata` *Get the units of the variables in an trackeRdata object*

---

**Description**

Get the units of the variables in an trackeRdata object

**Usage**

```
## S3 method for class 'trackeRdata'  
get_units(object, ...)
```

**Arguments**

|                     |                                               |
|---------------------|-----------------------------------------------|
| <code>object</code> | An object of class <code>trackeRdata</code> . |
| <code>...</code>    | Currently not used.                           |

---

`get_units.trackeRdataSummary`*Get the units of the variables in an trackeRdataSummary object*

---

**Description**

Get the units of the variables in an trackeRdataSummary object

**Usage**

```
## S3 method for class 'trackeRdataSummary'  
get_units(object, ...)
```

**Arguments**

|                     |                                        |
|---------------------|----------------------------------------|
| <code>object</code> | An object of class trackeRdataSummary. |
| <code>...</code>    | Currently not used.                    |

---

`get_units.trackeRdataZones`*Get the units of the variables in an trackeRdataZones object*

---

**Description**

Get the units of the variables in an trackeRdataZones object

**Usage**

```
## S3 method for class 'trackeRdataZones'  
get_units(object, ...)
```

**Arguments**

|                     |                                      |
|---------------------|--------------------------------------|
| <code>object</code> | An object of class trackeRdataZones. |
| <code>...</code>    | Currently not used.                  |

---

get\_units.trackeRfpca *Get the units of the variables in an trackeRfpca object*

---

### Description

Get the units of the variables in an trackeRfpca object

### Usage

```
## S3 method for class 'trackeRfpca'  
get_units(object, ...)
```

### Arguments

|        |                                 |
|--------|---------------------------------|
| object | An object of class trackeRfpca. |
| ...    | Currently not used.             |

---

get\_units.trackeRthresholds  
*Get the units of the variables in an trackeRthresholds object*

---

### Description

Get the units of the variables in an trackeRthresholds object

### Usage

```
## S3 method for class 'trackeRthresholds'  
get_units(object, ...)
```

### Arguments

|        |                                       |
|--------|---------------------------------------|
| object | An object of class trackeRthresholds. |
| ...    | Currently not used.                   |

---

```
get_units.trackeRWprime
```

*Get the units of the variables in an trackeRWprime object*

---

### Description

Get the units of the variables in an trackeRWprime object

### Usage

```
## S3 method for class 'trackeRWprime'
get_units(object, ...)
```

### Arguments

|        |                                   |
|--------|-----------------------------------|
| object | An object of class trackeRWprime. |
| ...    | Currently not used.               |

---

```
impute_speeds
```

*Impute speeds*

---

### Description

Impute speeds of 0 during small breaks within a session.

### Usage

```
impute_speeds(
  session_data,
  from_distances = TRUE,
  lgap = 30,
  lskip = 5,
  m = 11,
  sport = "cycling",
  units = NULL
)
```

```
imputeSpeeds(
  session_data,
  from_distances = TRUE,
  lgap = 30,
  lskip = 5,
  m = 11,
  sport = "cycling",
  units = NULL
)
```

**Arguments**

|                |                                                                                                                                                                        |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| session_data   | A multivariate <a href="#">zoo</a> object with observations of either distance or speed (named Distance or Speed, respectively).                                       |
| from_distances | Logical. Should the speeds be calculated from the distance recordings instead of taken from the speed recordings directly?                                             |
| lgap           | Time in seconds corresponding to the minimal sampling rate.                                                                                                            |
| lskip          | Time in seconds between the last observation before a small break and the first imputed speed or the last imputed speed and the first observation after a small break. |
| m              | Number of imputed observations in each small break.                                                                                                                    |
| sport          | What sport does sessions_data contain data of? Either 'cycling' (default), 'running', 'swimming'.                                                                      |
| units          | Units of measurement.                                                                                                                                                  |

**Value**

A multivariate [zoo](#) object with imputed observations: 0 for speed, last known position for latitude, longitude and altitude, NA for all other variables. Distances are calculated based on speeds after imputation.

**References**

- Kosmidis, I., and Passfield, L. (2015). Linking the Performance of Endurance Runners to Training and Physiological Effects via Multi-Resolution Elastic Net. *ArXiv e-print* arXiv:1506.01388.
- Frick, H., Kosmidis, I. (2017). trackeR: Infrastructure for Running and Cycling Data from GPS-Enabled Tracking Devices in R. *Journal of Statistical Software*, **82**(7), 1–29. doi:10.18637/jss.v082.i07

---

|               |                                          |
|---------------|------------------------------------------|
| leaflet_route | <i>Plot routes for training sessions</i> |
|---------------|------------------------------------------|

---

**Description**

Plot the route ran/cycled during training on an interactive map. Internet connection is required to download the background map. Icons are by Maps Icons Collection <https://mapicons.mapsmarker.com>

**Usage**

```
leaflet_route(x, session = NULL, threshold = TRUE, ...)

leafletRoute(x, session = NULL, threshold = TRUE, ...)
```

**Arguments**

|           |                                                                           |
|-----------|---------------------------------------------------------------------------|
| x         | A object of class <a href="#">trackeRdata</a> .                           |
| session   | A numeric vector of the sessions to be plotted. Defaults to all sessions. |
| threshold | Logical. Should thresholds be applied?                                    |
| ...       | Additional arguments passed on to <a href="#">threshold</a> .             |

**Examples**

```
## Not run:
data('runs', package = 'trackeR')
leafletRoute(runs, session = 23:24)

## End(Not run)
```

---

```
nsessions.trackeRWprime
```

*Generic function for calculating number of sessions*

---

**Description**

Generic function for calculating number of sessions

**Usage**

```
## S3 method for class 'trackeRWprime'
nsessions(object, ...)

## S3 method for class 'distrProfile'
nsessions(object, ...)

## S3 method for class 'conProfile'
nsessions(object, ...)

nsessions(object, ...)

## S3 method for class 'trackeRdataSummary'
nsessions(object, ...)
```

**Arguments**

|        |                                                           |
|--------|-----------------------------------------------------------|
| object | The object for which to calculate the number of sessions. |
| ...    | Arguments to be passed to methods.                        |

---

|                 |                                     |
|-----------------|-------------------------------------|
| plot.conProfile | <i>Plot concentration profiles.</i> |
|-----------------|-------------------------------------|

---

**Description**

Plot concentration profiles.

**Usage**

```
## S3 method for class 'conProfile'
plot(x, session = NULL, what = NULL, multiple = FALSE, smooth = FALSE, ...)
```

**Arguments**

|          |                                                                                       |
|----------|---------------------------------------------------------------------------------------|
| x        | An object of class conProfile as returned by <a href="#">concentration_profile</a> .  |
| session  | A numeric vector of the sessions to be plotted, defaults to all sessions.             |
| what     | Which variables should be plotted? Defaults to all variables in object (what = NULL). |
| multiple | Logical. Should all sessions be plotted in one panel?                                 |
| smooth   | Logical. Should unsmoothed profiles be smoothed before plotting?                      |
| ...      | Further arguments to be passed to <a href="#">smoother_control.distrProfile</a> .     |

**Examples**

```
data('runs', package = 'trackerR')
dProfile <- distributionProfile(runs, session = 1:3, what = 'speed',
                              grid = seq(0, 12.5, by = 0.05))
cProfile <- concentrationProfile(dProfile)
## Not run:
plot(cProfile, smooth = FALSE)
plot(cProfile)

## End(Not run)
```

---

|                   |                                    |
|-------------------|------------------------------------|
| plot.distrProfile | <i>Plot distribution profiles.</i> |
|-------------------|------------------------------------|

---

**Description**

Plot distribution profiles.

**Usage**

```
## S3 method for class 'distrProfile'
plot(x, session = NULL, what = NULL, multiple = FALSE, smooth = FALSE, ...)
```

**Arguments**

|          |                                                                                                 |
|----------|-------------------------------------------------------------------------------------------------|
| x        | An object of class <code>distrProfile</code> as returned by <code>distribution_profile</code> . |
| session  | A numeric vector of the sessions to be plotted, defaults to all sessions.                       |
| what     | Which variables should be plotted? Defaults to all variables in object (what = NULL).           |
| multiple | Logical. Should all sessions be plotted in one panel?                                           |
| smooth   | Logical. Should unsmoothed profiles be smoothed before plotting?                                |
| ...      | Further arguments to be passed to <code>smoother_control.distrProfile</code> .                  |

**Examples**

```
## Not run:
data('runs', package = 'trackerR')
dProfile <- distribution_profile(runs, session = 1:2,
  what = "speed", grid = seq(0, 12.5, by = 0.05))
plot(dProfile, smooth = FALSE)
plot(dProfile, smooth = FALSE, multiple = TRUE)
plot(dProfile, multiple = TRUE)

## End(Not run)
```

---

|                  |                                                              |
|------------------|--------------------------------------------------------------|
| plot.trackeRdata | <i>Plot training sessions in form of trackeRdata objects</i> |
|------------------|--------------------------------------------------------------|

---

**Description**

Plot training sessions in form of trackeRdata objects

**Usage**

```
## S3 method for class 'trackeRdata'
plot(
  x,
  session = NULL,
  what = c("pace", "heart_rate"),
  threshold = TRUE,
  smooth = FALSE,
  trend = TRUE,
  dates = TRUE,
  unit_reference_sport = NULL,
  moving_threshold = NULL,
  ...
)
```



**Arguments**

|                      |                                                                                                                                                                                                                                                                                 |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| x                    | An object of class <a href="#">trackeRdata</a> .                                                                                                                                                                                                                                |
| session              | A numeric vector of the sessions to be plotted, defaults to all sessions.                                                                                                                                                                                                       |
| what                 | Which variables should be plotted? A vector with at least one of "latitude", "longitude", "altitude", "distance", "heart_rate", "speed", "cadence_running", "cadence_cycling", "power", "temperature", "pace", "cumulative_elevation_gain". Default is c("pace", "heart_rate"). |
| threshold            | Logical. Should thresholds be applied?                                                                                                                                                                                                                                          |
| smooth               | Logical. Should the data be smoothed?                                                                                                                                                                                                                                           |
| trend                | Logical. Should a smooth trend be plotted?                                                                                                                                                                                                                                      |
| dates                | Logical. Should the date of the session be used in the panel header?                                                                                                                                                                                                            |
| unit_reference_sport | The sport to inherit units from (default is taken to be the most frequent sport in object).                                                                                                                                                                                     |
| moving_threshold     | A named vector of 3 speeds to be used for thresholding pace, given in the unit of the speed measurements in object. If NULL (default), the speeds are taken to be c(cycling = 2, running = 1, swimming = 0.5). See Details.                                                     |
| ...                  | Further arguments to be passed to <a href="#">threshold</a> and <a href="#">smootherControl.trackeRdata</a> .                                                                                                                                                                   |

**Details**

Note that a threshold is always applied to the pace. This (upper) threshold corresponds to a speed of 1.4 meters per second, the preferred walking speed of humans. The lower threshold is 0.

The units for the variables match those of the sport specified by `unit_reference_sport`.

**See Also**

`trackeRdata`

**Examples**

```
## Not run:
data('runs', package = 'trackeR')
## plot heart rate and pace for the first 3 sessions
plot(runs, session = 1:3)
## plot raw speed data for session 4
plot(runs, session = 4, what = "speed", threshold = FALSE, smooth = FALSE)
## threshold speed variable
plot(runs, session = 4, what = "speed", threshold = TRUE, smooth = FALSE,
     variable = "speed", lower = 0, upper = 10)
## and smooth (thresholding with default values)
plot(runs, session = 4, what = "speed", threshold = TRUE,
     smooth = TRUE, width = 15, parallel = FALSE)
#
## Speed and elevation gain
plot(runs, session = 2:10, what = c("speed", "cumulative_elevation_gain"), trend = FALSE)
```

```
## End(Not run)
```

---

```
plot.trackeRdataSummary
```

*Plot an object of class [trackeRdataSummary](#).*

---

## Description

Plot an object of class [trackeRdataSummary](#).

## Usage

```
## S3 method for class 'trackeRdataSummary'
plot(x, date = TRUE, what = NULL, group = NULL, trend = TRUE, ...)
```

## Arguments

|       |                                                                                                                                                                                                                                                                                                                                      |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| x     | An object of class <a href="#">trackeRdataSummary</a> .                                                                                                                                                                                                                                                                              |
| date  | Should the date or the session number be used on the abscissa?                                                                                                                                                                                                                                                                       |
| what  | Name of variables which should be plotted. Default is all. A vector with at least one of "distance", "duration", "avgSpeed", "avgPace", "avgCadenceRunning", "avgCadenceCycling", "avgAltitude", "avgPower", "avgHeartRate", "avgTemperature", "wrRatio", "total_elevation_gain", and NULL, in which case all variables are plotted. |
| group | Which group of variables should be plotted? This can either be total or moving. Default is both.                                                                                                                                                                                                                                     |
| trend | Should a smooth trend be plotted?                                                                                                                                                                                                                                                                                                    |
| ...   | Currently not used.                                                                                                                                                                                                                                                                                                                  |

## See Also

[summary.trackeRdata](#)

## Examples

```
## Not run:
data('runs', package = 'trackeR')
runSummary <- summary(runs)
plot(runSummary)
plot(runSummary, date = FALSE, group = 'total',
      what = c('distance', 'duration', 'avgSpeed'))

## End(Not run)
```

---

plot.trackeRdataZones *Plot training zones.*

---

### Description

Plot training zones.

### Usage

```
## S3 method for class 'trackeRdataZones'
plot(x, percent = TRUE, ...)
```

### Arguments

|         |                                                                                                  |
|---------|--------------------------------------------------------------------------------------------------|
| x       | An object of class trackeRdataZones as returned by <a href="#">zones</a> .                       |
| percent | Logical. Should the relative or absolute times spent training in the different zones be plotted? |
| ...     | Currently not used.                                                                              |

### Examples

```
## Not run:
data('run', package = 'trackeR')
runZones <- zones(run, what = 'speed', breaks = c(0, 2:6, 12.5))
plot(runZones, percent = FALSE)

## End(Not run)
```

---

plot.trackeRfpca *Plot function for functional principal components analysis of distribution and concentration profiles.*

---

### Description

Plot function for functional principal components analysis of distribution and concentration profiles.

### Usage

```
## S3 method for class 'trackeRfpca'
plot(x, harm = NULL, expand = NULL, pointplot = TRUE, ...)
```

**Arguments**

|           |                                                                                                                                                |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------|
| x         | An object of class <code>trackerFpca</code> as returned by <a href="#">funPCA</a> .                                                            |
| harm      | A numerical vector of the harmonics to be plotted. Defaults to all harmonics.                                                                  |
| expand    | The factor used to generate suitable multiples of the harmonics. If NULL, the effect of +/- 2 standard deviations of each harmonic is plotted. |
| pointplot | Should the harmonics be plotted with + and - point characters? Otherwise, lines are used.                                                      |
| ...       | Currently not used.                                                                                                                            |

**References**

Ramsay JO, Silverman BW (2005). Functional Data Analysis. Springer-Verlag New York.

**See Also**

[plot.pca.fd](#)

**Examples**

```
## Not run:
data('runs', package = 'tracker')
dp <- distributionProfile(runs, what = 'speed')
dp.pca <- funPCA(dp, what = 'speed', nharm = 4)
## 1st harmonic captures vast majority of the variation
plot(dp.pca)
plot(dp.pca, harm = 1, pointplot = FALSE)

## End(Not run)
```

---

`plot.trackeRWprime`      *Plot W'.*

---

**Description**

Plot W'.

**Usage**

```
## S3 method for class 'trackerRWprime'
plot(x, session = NULL, dates = TRUE, scaled = TRUE, ...)
```

**Arguments**

|         |                                                                                                                     |
|---------|---------------------------------------------------------------------------------------------------------------------|
| x       | An object of class trackerWprime as returned by <a href="#">Wprime</a> .                                            |
| session | A numeric vector of the sessions to be plotted, defaults to all sessions.                                           |
| dates   | Logical. Should the date of the session be used in the panel header?                                                |
| scaled  | Logical. Should the W' be scaled to the movement variable (power or speed) which is then plotted in the background? |
| ...     | Currently not used.                                                                                                 |

**Examples**

```
## Not run:
data('runs', package = 'trackerR')
wexp <- Wprime(runs, session = 1:3, cp = 4, version = '2012')
plot(wexp, session = 1:2)

## End(Not run)
```

---

|            |                                          |
|------------|------------------------------------------|
| plot_route | <i>Plot routes for training sessions</i> |
|------------|------------------------------------------|

---

**Description**

Plot the route ran/cycled during training onto a background map. Internet connection is required to download the background map.

**Usage**

```
plot_route(
  x,
  session = 1,
  zoom = NULL,
  speed = TRUE,
  threshold = TRUE,
  mfrow = NULL,
  maptype = "stamen_terrain",
  messaging = FALSE,
  ...
)

plotRoute(
  x,
  session = 1,
  zoom = NULL,
  speed = TRUE,
  threshold = TRUE,
  mfrow = NULL,
```

```

    maptype = "stamen_terrain",
    messaging = FALSE,
    ...
)

```

## Arguments

|                        |                                                                                                                                                          |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>x</code>         | A object of class <a href="#">trackeRdata</a> .                                                                                                          |
| <code>session</code>   | A numeric vector of the sessions to be plotted. Defaults to the first session, all sessions can be plotted by <code>session = NULL</code> .              |
| <code>zoom</code>      | The zoom level for the background map as passed on to <a href="#">get_stadiamap</a> (2 corresponds roughly to continent level and 20 to building level). |
| <code>speed</code>     | Logical. Should the trace be coloured according to speed?                                                                                                |
| <code>threshold</code> | Logical. Should thresholds be applied?                                                                                                                   |
| <code>mfrow</code>     | A vector of 2 elements, number of rows and number of columns, specifying the layout for multiple sessions.                                               |
| <code>maptype</code>   | Passed to <a href="#">get_stadiamap</a> . Default is "stamen_terrain".                                                                                   |
| <code>messaging</code> | Passed to <a href="#">get_stadiamap</a> . Default is FALSE.                                                                                              |
| <code>...</code>       | Additional arguments passed on to <a href="#">threshold</a> and <a href="#">get_stadiamap</a> .                                                          |

## Details

`plot_route()` requires a a Stadia Maps API key. See [register\\_stadiamaps](#) for details.

## See Also

[get\\_stadiamap](#), [ggmap](#)

## Examples

```

## Not run:
data('runs', package = 'trackeR')
plot_route(runs, session = 4, zoom = 13)
plot_route(runs, session = 4, zoom = 13, maptype = "outdoors")
## multiple sessions
plot_route(runs, session = c(1:4, 8:11))
## different zoom level per panel
plot_route(runs, session = 6:7, zoom = c(13, 14))

## End(Not run)

```

---

|               |                                                                                                              |
|---------------|--------------------------------------------------------------------------------------------------------------|
| prepare_route | Prepare a <a href="#">data.frame</a> for use in <a href="#">leaflet_route</a> and <a href="#">plot_route</a> |
|---------------|--------------------------------------------------------------------------------------------------------------|

---

**Description**

Prepare a [data.frame](#) for use in [leaflet\\_route](#) and [plot\\_route](#)

**Usage**

```
prepare_route(x, session = 1, threshold = TRUE, ...)
```

**Arguments**

|           |                                                                                                         |
|-----------|---------------------------------------------------------------------------------------------------------|
| x         | a <a href="#">trackeRdata</a> object.                                                                   |
| session   | which session to prepare the <a href="#">data.frame</a> for?                                            |
| threshold | if TRUE (default), then thresholds are applied to x prior to preparing the <a href="#">data.frame</a> . |
| ...       | Additional arguments to be passed to <a href="#">threshold</a> .                                        |

**Details**

To be used internally in mapping function and rarely by the user.

**Value**

A [data.frame](#) with variables longitude, latitude, speed, SessionID, longitude0, longitude1, latitude0, latitude1. The observations are ordered according to the timestamp they have in x. A suffix of 0 indicates 'start' and a suffix of 1 indicates 'end' at any given observation.

---

|              |                                                         |
|--------------|---------------------------------------------------------|
| prettifyUnit | Returns 'pretty' units for use for plotting or printing |
|--------------|---------------------------------------------------------|

---

**Description**

Returns 'pretty' units for use for plotting or printing

**Usage**

```
prettifyUnit(unit)

prettifyUnits(unit)
```

**Arguments**

|      |                                                                                                    |
|------|----------------------------------------------------------------------------------------------------|
| unit | a unit as recorded in the <a href="#">data.frame</a> generated by <a href="#">generate_units</a> . |
|------|----------------------------------------------------------------------------------------------------|

## Details

prettyUnits is the vectorized version of prettyUnit

## Examples

```
prettyUnit("m_per_s")
prettyUnit("rev_per_min")
prettyUnits(c("rev_per_min", "ft_per_min"))
```

---

print.trackeRdata      *print method for trackeRdata objects*

---

## Description

[print](#) method for [trackeRdata](#) objects

## Usage

```
## S3 method for class 'trackeRdata'
print(x, duration_unit = "h", digits = 2, ...)
```

## Arguments

|               |                                                                                              |
|---------------|----------------------------------------------------------------------------------------------|
| x             | An object of class <a href="#">trackeRdata</a> .                                             |
| duration_unit | The unit of duration in the resulting output. Default is h (hours).                          |
| digits        | Number of digits to be printed.                                                              |
| ...           | Currently not used; only for compatibility with generic <a href="#">summary</a> method only. |

## Details

The print method returns training coverage, number of sessions and total training duration from the data in the [trackeRdata](#) object.



---

```
print.trackeRdataSummary
```

*Print method for session summaries.*

---

### Description

Print method for session summaries.

### Usage

```
## S3 method for class 'trackeRdataSummary'  
print(x, ..., digits = 2)
```

### Arguments

|        |                                                               |
|--------|---------------------------------------------------------------|
| x      | An object of class trackeRdataSummary.                        |
| ...    | Not used, for compatibility with generic summary method only. |
| digits | Number of digits to be printed.                               |

---

|            |                                                                                                  |
|------------|--------------------------------------------------------------------------------------------------|
| profile2fd | <i>Transform distribution and concentration profiles to functional data objects of class fd.</i> |
|------------|--------------------------------------------------------------------------------------------------|

---

### Description

Transform distribution and concentration profiles to functional data objects of class fd.

### Usage

```
profile2fd(object, what, ...)
```

### Arguments

|        |                                                                                                                                                            |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| object | An object of class distrProfile or conProfile, as returned by <a href="#">distributionProfile</a> and <a href="#">concentrationProfile</a> , respectively. |
| what   | The variable for which the profiles should be transformed to a functional data object.                                                                     |
| ...    | Additional arguments passed on to <a href="#">Data2fd</a>                                                                                                  |

### Value

An object of class [fd](#).

## Examples

```
## Not run:
library('fda')
data('runs', package = 'trackerR')
dp <- distributionProfile(runs, what = 'speed')
dpFun <- profile2fd(dp, what = 'speed',
  fdnames = list('speed', 'sessions', 'time above threshold'))
dp.pca <- pca.fd(dpFun, nharm = 4)
## 1st harmonic captures vast majority of the variation
dp.pca$varprop
## time spent above speed = 0 is the characteristic distinguishing the profiles
plot(dp.pca, harm = 1)
sumRuns <- summary(runs)
plot(sumRuns$durationMoving, dp.pca$scores[,1])

## End(Not run)
```

---

readX

---

*Read a training file in tcx, gpx, db3 or Golden Cheetah's JSON format*


---

## Description

Read a training file in tcx, gpx, db3 or Golden Cheetah's JSON format

## Usage

```
readTCX(file, timezone = "", speedunit = "m_per_s", distanceunit = "m", ...)

readGPX(file, timezone = "", speedunit = "km_per_h", distanceunit = "km", ...)

readDB3(
  file,
  timezone = "",
  table = "gps_data",
  speedunit = "km_per_h",
  distanceunit = "km",
  ...
)

readJSON(file, timezone = "", speedunit = "km_per_h", distanceunit = "km", ...)
```

## Arguments

|          |                                                                                                                                      |
|----------|--------------------------------------------------------------------------------------------------------------------------------------|
| file     | The path to a tcx, gpx, json or db3 file. Compressed versions (gz, bz2, xz, zip) of tcx, gpx, and json files are directly supported. |
| timezone | The timezone of the observations as passed on to <a href="#">as.POSIXct</a> . Ignored for JSON files.                                |

|              |                                                                                                                                           |
|--------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| speedunit    | Character string indicating the measurement unit of the speeds in the container file to be converted into meters per second. See Details. |
| distanceunit | Character string indicating the measurement unit of the distance in the container file to be converted into meters. See Details.          |
| ...          | Currently not used.                                                                                                                       |
| table        | Character string indicating the name of the table with the GPS data in the db3 container file.                                            |

### Details

Available options for speedunit currently are km\_per\_h, m\_per\_s, mi\_per\_h, ft\_per\_min and ft\_per\_s. The default is m\_per\_s for TCX files and km\_per\_h for db3 and Golden Cheetah's json files. Available options for distanceunit currently are km, m, mi and ft. The default is m for TCX and km for gpx, db3 and Golden Cheetah's json files.

readTCX, readGPX, readGPX and readDB3, try to identify the sport from the data in the container file. If that fails, then an attempt is made to guess the sport from keywords in the filename. If identification is not possible then the file attribute of the returned object has value NA.

Reading Golden Cheetah's JSON files is experimental.

### Examples

```
## read raw data
filepath <- system.file("extdata/tcx", "2013-06-08-090442.TCX.gz", package = "trackeR")
run0 <- readTCX(file = filepath, timezone = "GMT")

## turn into trackeRdata object
units0 <- generate_units()
run0 <- trackeRdata(run0, units = units0)

## alternatively
## Not run:
run0 <- read_container(filepath, type = "tcx", timezone = "GMT")

## End(Not run)
```

---

|                |                                   |
|----------------|-----------------------------------|
| read_container | <i>Read a GPS container file.</i> |
|----------------|-----------------------------------|

---

### Description

Read a GPS container file.

**Usage**

```

read_container(
  file,
  type = c("tcx", "gpx", "db3", "json"),
  table = "gps_data",
  timezone = "",
  session_threshold = 2,
  correct_distances = FALSE,
  smooth_elevation_gain = TRUE,
  country = NULL,
  mask = TRUE,
  from_distances = NULL,
  speedunit = NULL,
  distanceunit = NULL,
  sport = NULL,
  lgap = 30,
  lskip = 5,
  m = 11,
  silent = FALSE
)

readContainer(
  file,
  type = c("tcx", "gpx", "db3", "json"),
  table = "gps_data",
  timezone = "",
  session_threshold = 2,
  correct_distances = FALSE,
  smooth_elevation_gain = TRUE,
  country = NULL,
  mask = TRUE,
  from_distances = NULL,
  speedunit = NULL,
  distanceunit = NULL,
  sport = NULL,
  lgap = 30,
  lskip = 5,
  m = 11,
  silent = FALSE
)

```

**Arguments**

|                    |                                                                                                                                      |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| <code>file</code>  | The path to a tcx, gpx, json or db3 file. Compressed versions (gz, bz2, xz, zip) of tcx, gpx, and json files are directly supported. |
| <code>type</code>  | The type of the GPS container file. Supported so far are tcx, db3, and json.                                                         |
| <code>table</code> | The name of the table in the database if type is set to db3, ignored otherwise.                                                      |

|                       |                                                                                                                                                                                                                      |
|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| timezone              | The timezone of the observations as passed on to <a href="#">as.POSIXct</a> . Ignored for JSON files.                                                                                                                |
| session_threshold     | The threshold in hours for the time difference between consecutive timestamps above which they are considered to belong to different training sessions.                                                              |
| correct_distances     | Logical. Should the distances be corrected for elevation? Default is FALSE.                                                                                                                                          |
| smooth_elevation_gain | Logical. Should the elevation gain be smoothed before computing elevation gain? Default is TRUE.                                                                                                                     |
| country               | ISO3 country code for downloading altitude data. If NULL, country is derived from longitude and latitude                                                                                                             |
| mask                  | Logical. Passed on to <a href="#">getData</a> . Should only the altitudes for the specified country be extracted (TRUE) or also those for the neighbouring countries (FALSE)?                                        |
| from_distances        | Logical. Should the speeds be calculated from the distance recordings instead of taken from the speed recordings directly. Defaults to TRUE for tcx and Golden Cheetah's json files and to FALSE for db3 files.      |
| speedunit             | Character string indicating the measurement unit of the speeds in the container file to be converted into meters per second. Default is m_per_s when type is tcx and km_per_h when type is db3 or json. See Details. |
| distanceunit          | Character string indicating the measurement unit of the distance in the container file to be converted into meters. Default is m when type is tcx and km when type is db3 or json. See Details.                      |
| sport                 | What sport does file contain data from? Either 'cycling', 'running', 'swimming' or NULL (default), in which case the sport is directly obtained from the <a href="#">readX</a> extractors.                           |
| lgap                  | Time in seconds corresponding to the minimal sampling rate.                                                                                                                                                          |
| lskip                 | Time in seconds between the last observation before a small break and the first imputed speed or the last imputed speed and the first observation after a small break.                                               |
| m                     | Number of imputed observations in each small break.                                                                                                                                                                  |
| silent                | Logical. Should warnings be generated if any of the sanity checks on the data are triggered?                                                                                                                         |

### Details

Available options for speedunit currently are km\_per\_h, m\_per\_s, mi\_per\_h, ft\_per\_min and ft\_per\_s. Available options for distanceunit currently are km, m, mi and ft.

read\_container try to identify the sport from the data in the container file. If that fails, then an attempt is made to guess the sport from keywords in the filename. If identification is not possible then an error is returned from [trackRdata](#). To avoid that error, and if the sport is known, append an appropriate keyword to the filename (e.g. 'ride', 'swim', 'run'). This should fix the error.

### Value

An object of class [trackRdata](#).

**See Also**

[trackeRdata](#), [readTCX](#), [readDB3](#), [readJSON](#)

**Examples**

```
filepath <- system.file("extdata/tcx", "2013-06-08-090442.TCX.gz", package = "trackeR")
run <- read_container(filepath, type = "tcx", timezone = "GMT")
```

---

|                |                                                                     |
|----------------|---------------------------------------------------------------------|
| read_directory | <i>Read all supported container files from a supplied directory</i> |
|----------------|---------------------------------------------------------------------|

---

**Description**

Read all supported container files from a supplied directory

**Usage**

```
read_directory(
  directory,
  aggregate = FALSE,
  table = "gps_data",
  timezone = "",
  session_threshold = 2,
  smooth_elevation_gain = TRUE,
  correct_distances = FALSE,
  country = NULL,
  mask = TRUE,
  from_distances = NULL,
  speedunit = list(tcx = "m_per_s", gpx = "km_per_h", db3 = "km_per_h", json =
    "km_per_h"),
  distanceunit = list(tcx = "m", gpx = "km", db3 = "km", json = "km"),
  sport = NULL,
  lgap = 30,
  lskip = 5,
  m = 11,
  silent = FALSE,
  parallel = FALSE,
  verbose = TRUE
)

readDirectory(
  directory,
  aggregate = FALSE,
  table = "gps_data",
  timezone = "",
  session_threshold = 2,
  smooth_elevation_gain = TRUE,
```

```

    correct_distances = FALSE,
    country = NULL,
    mask = TRUE,
    from_distances = NULL,
    speedunit = list(tcx = "m_per_s", gpx = "km_per_h", db3 = "km_per_h", json =
      "km_per_h"),
    distanceunit = list(tcx = "m", gpx = "km", db3 = "km", json = "km"),
    sport = NULL,
    lgap = 30,
    lskip = 5,
    m = 11,
    silent = FALSE,
    parallel = FALSE,
    verbose = TRUE
  )

```

### Arguments

|                       |                                                                                                                                                                                                                                                            |
|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| directory             | The path to the directory.                                                                                                                                                                                                                                 |
| aggregate             | Logical. Aggregate data from different files to the same session if observations are less then <code>session_threshold</code> hours apart? Alternatively, data from different files is stored in different sessions.                                       |
| table                 | The name of the table in the database for db3 files.                                                                                                                                                                                                       |
| timezone              | The timezone of the observations as passed on to <a href="#">as.POSIXct</a> . Ignored for JSON files.                                                                                                                                                      |
| session_threshold     | The threshold in hours for the time difference between consecutive timestamps above which they are considered to belong to different training sessions.                                                                                                    |
| smooth_elevation_gain | Logical. Should the elevation gain be smoothed before computing elevation gain? Default is TRUE.                                                                                                                                                           |
| correct_distances     | Logical. Should the distances be corrected for elevation? Default is FALSE.                                                                                                                                                                                |
| country               | ISO3 country code for downloading altitude data. If NULL, country is derived from longitude and latitude                                                                                                                                                   |
| mask                  | Logical. Passed on to <a href="#">getData</a> . Should only the altitudes for the specified country be extracted (TRUE) or also those for the neighbouring countries (FALSE)?                                                                              |
| from_distances        | Logical. Should the speeds be calculated from the distance recordings instead of taken from the speed recordings directly. Defaults to TRUE for tcx and Golden Cheetah's json files and to FALSE for db3 files.                                            |
| speedunit             | Character string indicating the measurement unit of the speeds in the container file to be converted into meters per second. Default is <code>m_per_s</code> for tcx files and <code>km_per_h</code> for db3 and Golden Cheetah's json files. See Details. |
| distanceunit          | Character string indicating the measurement unit of the distance in the container file to be converted into meters. Default is <code>m</code> for tcx files and <code>km</code> for db3 and Golden Cheetah's json files. See Details.                      |

|          |                                                                                                                                                                                                   |
|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| sport    | What sport do the files in directory correspond to? Either 'cycling', 'running', 'swimming' or NULL (default), in which case an attempt is made to extract the sport from each file in directory. |
| lgap     | Time in seconds corresponding to the minimal sampling rate.                                                                                                                                       |
| lskip    | Time in seconds between the last observation before a small break and the first imputed speed or the last imputed speed and the first observation after a small break.                            |
| m        | Number of imputed observations in each small break.                                                                                                                                               |
| silent   | Logical. Should warnings be generated if any of the sanity checks on the data are triggered?                                                                                                      |
| parallel | Logical. Should reading be carried out in parallel? If TRUE reading is performed in parallel using the backend provided to <b>foreach</b> . Default is FALSE.                                     |
| verbose  | Logical. Should progress reports be printed?                                                                                                                                                      |

### Details

Available options for speedunit currently are km\_per\_h, m\_per\_s, mi\_per\_h, ft\_per\_min and ft\_per\_s. Available options for distanceunit currently are km, m, mi and ft.

If aggregate = TRUE, then if sport = NULL the sport in all sessions is determined by the first file read with a sport specification; else if sport is one of the other valid options it determines the sport for all sessions.

### Value

An object of class [trackeRdata](#).

### See Also

[trackeRdata](#), [readTCX](#), [readDB3](#), [readJSON](#)

### Examples

```
## Not run:
filepath <- system.file("extdata/gpx", package = "trackeR")
gpx_files <- read_directory(filepath)

## End(Not run)
```



---

ridges

*Generic function for ridgeline plots*


---

**Description**

Generic function for ridgeline plots

**Usage**

```
ridges(x, ...)
```

**Arguments**

|     |                                                                           |
|-----|---------------------------------------------------------------------------|
| x   | An object of class <code>distrProfile</code> or <code>conProfile</code> . |
| ... | Arguments to be passed to methods.                                        |

**See Also**

`ridges.trackRdata` `ridges.conProfile` `ridges.distrProfile`

---

ridges.conProfile

*Ridgeline plots for distrProfile objects*


---

**Description**

Ridgeline plots for `distrProfile` objects

**Usage**

```
## S3 method for class 'conProfile'
ridges(x, session = NULL, what = NULL, smooth = FALSE, ...)
```

**Arguments**

|         |                                                                                                   |
|---------|---------------------------------------------------------------------------------------------------|
| x       | An object of class <code>conProfile</code> as returned by <a href="#">concentration_profile</a> . |
| session | A numeric vector of the sessions to be plotted, defaults to all sessions.                         |
| what    | Which variables should be plotted? Defaults to all variables in object (what = NULL).             |
| smooth  | Logical. Should unsmoothed profiles be smoothed before plotting?                                  |
| ...     | Further arguments to be passed to <a href="#">smoother_control.distrProfile</a> .                 |

## Examples

```
## Not run:

data('runs', package = 'tracker')
dProfile <- distributionProfile(runs, what = c('speed', 'heart_rate'))
cProfile <- concentrationProfile(dProfile)
ridges(cProfile, what = "speed")
ridges(cProfile, what = "heart_rate")

## End(Not run)
```

---

ridges.distrProfile     *Ridgeline plots for distrProfile objects*

---

## Description

Ridgeline plots for distrProfile objects

## Usage

```
## S3 method for class 'distrProfile'
ridges(x, session = NULL, what = NULL, smooth = FALSE, ...)
```

## Arguments

|         |                                                                                       |
|---------|---------------------------------------------------------------------------------------|
| x       | An object of class distrProfile as returned by <a href="#">distribution_profile</a> . |
| session | A numeric vector of the sessions to be plotted, defaults to all sessions.             |
| what    | Which variables should be plotted? Defaults to all variables in object (what = NULL). |
| smooth  | Logical. Should unsmoothed profiles be smoothed before plotting?                      |
| ...     | Further arguments to be passed to <a href="#">smoother_control.distrProfile</a> .     |

## Examples

```
## Not run:

data('runs', package = 'tracker')
dProfile <- distribution_profile(runs, what = c("speed", "heart_rate"))
ridges(dProfile)

## End(Not run)
```

---

ridges.trackeRdata      *Ridgeline plots for trackeRdata objects*


---

**Description**

Ridgeline plots for trackeRdata objects

**Usage**

```
## S3 method for class 'trackeRdata'
ridges(x, session = NULL, what = "speed", smooth = TRUE, ...)
```

**Arguments**

|         |                                                                                                                           |
|---------|---------------------------------------------------------------------------------------------------------------------------|
| x       | A trackeRdata object.                                                                                                     |
| session | A numeric vector of the sessions to be used, defaults to all sessions.                                                    |
| what    | The variables for which the distribution profiles should be generated. Defaults to all variables in object (what = NULL). |
| smooth  | Logical. Should the concentration profiles be smoothed before plotting?                                                   |
| ...     | Currently not used.                                                                                                       |

**Examples**

```
## Not run:
data('runs', package = 'trackeR')
ridges(runs)

## End(Not run)
```

---

run      *Training session.*


---

**Description**

Training session.

**Usage**

```
run
```

**Format**

A [trackeRdata](#) object containing one running training session.

---

|      |                           |
|------|---------------------------|
| runs | <i>Training sessions.</i> |
|------|---------------------------|

---

**Description**

Training sessions.

**Usage**

runs

**Format**

A [trackeRdata](#) object containing 33 running training sessions.

---

|               |                                        |
|---------------|----------------------------------------|
| sanity_checks | <i>Sanity checks for tracking data</i> |
|---------------|----------------------------------------|

---

**Description**

Heart rate measurements of 0 are set to NA, assuming the athlete is alive. Observations with missing or duplicated time stamps are removed.

**Usage**

```
sanity_checks(dat, silent)
```

**Arguments**

|        |                                                                                              |
|--------|----------------------------------------------------------------------------------------------|
| dat    | Data set to be cleaned up.                                                                   |
| silent | Logical. Should warnings be generated if any of the sanity checks on the data are triggered? |

---

|        |                                     |
|--------|-------------------------------------|
| scaled | <i>Generic function for scaling</i> |
|--------|-------------------------------------|

---

**Description**

Generic function for scaling

**Usage**

```
scaled(object, ...)
```

**Arguments**

|        |                                    |
|--------|------------------------------------|
| object | The object to be scaled.           |
| ...    | Arguments to be passed to methods. |

---

|                     |                                                                      |
|---------------------|----------------------------------------------------------------------|
| scaled.distrProfile | <i>Scale the distribution profile relative to its maximum value.</i> |
|---------------------|----------------------------------------------------------------------|

---

**Description**

Scale the distribution profile relative to its maximum value.

**Usage**

```
## S3 method for class 'distrProfile'
scaled(object, session = NULL, what = NULL, ...)
```

**Arguments**

|         |                                                                                                                    |
|---------|--------------------------------------------------------------------------------------------------------------------|
| object  | An object of class <code>distrProfile</code> as returned by <a href="#">distributionProfile</a> .                  |
| session | A numeric vector of the sessions to be selected and scaled. Defaults to all sessions.                              |
| what    | A character version of the variables to be selected and scaled. Defaults to all variables in object (what = NULL). |
| ...     | Currently not used.                                                                                                |

---

|                  |                                                           |
|------------------|-----------------------------------------------------------|
| session_duration | <i>Generic function for calculating session durations</i> |
|------------------|-----------------------------------------------------------|

---

### Description

Generic function for calculating session durations

### Usage

```
session_duration(object, session, duration_unit, ...)  
  
## S3 method for class 'trackeRdata'  
session_duration(object, session = NULL, duration_unit = "h", ...)  
  
## S3 method for class 'trackeRdataSummary'  
session_duration(object, session = NULL, ...)
```

### Arguments

|               |                                                      |
|---------------|------------------------------------------------------|
| object        | The object for which to calculate session durations. |
| session       | The sessions for which to extract sports.            |
| duration_unit | The unit of duration.                                |
| ...           | Arguments to be passed to methods.                   |

### Details

The times units will be inherited from object.

---

|               |                                                       |
|---------------|-------------------------------------------------------|
| session_times | <i>Generic function for calculating session times</i> |
|---------------|-------------------------------------------------------|

---

### Description

Generic function for calculating session times

### Usage

```
session_times(object, session, duration_unit, ...)  
  
## S3 method for class 'trackeRdata'  
session_times(object, session = NULL, ...)  
  
## S3 method for class 'trackeRdataSummary'  
session_times(object, session = NULL, ...)
```

**Arguments**

|               |                                                                |
|---------------|----------------------------------------------------------------|
| object        | The object for which to calculate session start and end times. |
| session       | The sessions for which to extract sports.                      |
| duration_unit | The unit durations should be returned.                         |
| ...           | Arguments to be passed to methods.                             |

---

|          |                                       |
|----------|---------------------------------------|
| smoother | <i>Generic function for smoothing</i> |
|----------|---------------------------------------|

---

**Description**

Generic function for smoothing

**Usage**

```
smoother(object, ...)
```

**Arguments**

|        |                                    |
|--------|------------------------------------|
| object | The object to be smoothed.         |
| ...    | Arguments to be passed to methods. |

---

|                     |                                             |
|---------------------|---------------------------------------------|
| smoother.conProfile | <i>Smoother for concentration profiles.</i> |
|---------------------|---------------------------------------------|

---

**Description**

To ensure positivity of the smoothed concentration profiles, the concentration profiles are transformed to distribution profiles before smoothing. The smoothed distribution profiles are then transformed to concentration profiles.

**Usage**

```
## S3 method for class 'conProfile'
smoother(object, session = NULL, what = NULL, control = list(...), ...)
```

**Arguments**

|         |                                                                                                                               |
|---------|-------------------------------------------------------------------------------------------------------------------------------|
| object  | An object of class conProfile as returned by <a href="#">concentration_profile</a> .                                          |
| session | A numeric vector of the sessions to be selected and smoothed. Defaults to all sessions.                                       |
| what    | A character version of the variables to be selected and smoothed. Defaults to all variables in object (what = NULL).          |
| control | A list of parameters for controlling the smoothing process. This is passed to <a href="#">smoother_control.distrProfile</a> . |
| ...     | Arguments to be used to form the default control argument if it is not supplied directly.                                     |

**See Also**

[smoother\\_control.distrProfile](#)

---

`smoother.distrProfile` *Smoother for distribution profiles.*

---

**Description**

The distribution profiles are smoothed using a shape constrained additive model with Poisson responses to ensure that the smoothed distribution profile is positive and monotone decreasing.

**Usage**

```
## S3 method for class 'distrProfile'
smoother(object, session = NULL, what = NULL, control = list(...), ...)
```

**Arguments**

|                      |                                                                                                                                                  |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>object</code>  | An object of class <code>distrProfile</code> as returned by <a href="#">distribution_profile</a> .                                               |
| <code>session</code> | A numeric vector of the sessions to be selected and smoothed. Defaults to all sessions.                                                          |
| <code>what</code>    | A character version of the variables to be selected and smoothed. Defaults to all variables in <code>object</code> ( <code>what = NULL</code> ). |
| <code>control</code> | A list of parameters for controlling the smoothing process. This is passed to <a href="#">smoother_control.distrProfile</a> .                    |
| <code>...</code>     | Arguments to be used to form the default <code>control</code> argument if it is not supplied directly.                                           |

**References**

Kosmidis, I., and Passfield, L. (2015). Linking the Performance of Endurance Runners to Training and Physiological Effects via Multi-Resolution Elastic Net. *ArXiv e-print* arXiv:1506.01388.

Pya, N. and Wood S. (2015). Shape Constrained Additive Models. *Statistics and Computing*, 25(3), 543–559. Frick, H.,

Kosmidis, I. (2017). trackeR: Infrastructure for Running and Cycling Data from GPS-Enabled Tracking Devices in R. *Journal of Statistical Software*, **82**(7), 1–29. doi:10.18637/jss.v082.i07

**See Also**

[smoother\\_control.distrProfile](#)



---

smoother.trackeRdata    *Smoother for [trackeRdata](#) objects.*

---

## Description

Smoother for [trackeRdata](#) objects.

## Usage

```
## S3 method for class 'trackeRdata'  
smoother(object, session = NULL, control = list(...), ...)
```

## Arguments

|         |                                                                                                                              |
|---------|------------------------------------------------------------------------------------------------------------------------------|
| object  | An object of class <a href="#">trackeRdata</a> .                                                                             |
| session | The sessions to be smoothed. Default is all sessions.                                                                        |
| control | A list of parameters for controlling the smoothing process. This is passed to <a href="#">smoother_control.trackeRdata</a> . |
| ...     | Arguments to be used to form the default control argument if it is not supplied directly.                                    |

## Value

An object of class [trackeRdata](#).

## See Also

[smoother\\_control.trackeRdata](#)

## Examples

```
## Not run:  
data('run', package = 'trackeR')  
## unsmoothed speeds  
plot(run, smooth = FALSE)  
## default smoothing  
plot(run, smooth = TRUE)  
## smoothed with some non-default options  
runS <- smoother(run, fun = 'median', width = 20, what = 'speed')  
plot(runS, smooth = FALSE)  
  
## End(Not run)
```

---

```
smoother_control.distrProfile
```

*Auxiliary function for [smoother.distrProfile](#). Typically used to construct a control argument for [smoother.distrProfile](#).*

---

## Description

Auxiliary function for [smoother.distrProfile](#). Typically used to construct a control argument for [smoother.distrProfile](#).

## Usage

```
smoother_control.distrProfile(k = 30, sp = NULL, parallel = FALSE)
```

```
smootherControl.distrProfile(k = 30, sp = NULL, parallel = FALSE)
```

## Arguments

|          |                                                                      |
|----------|----------------------------------------------------------------------|
| k        | Number of knots.                                                     |
| sp       | A vector of smoothing parameters passed on to <a href="#">scam</a> . |
| parallel | Logical. Should computation be carried out in parallel?              |

---

```
smoother_control.trackeRdata
```

*Auxiliary function for [smoother.trackeRdata](#). Typically used to construct a control argument for [smoother.trackeRdata](#).*

---

## Description

Auxiliary function for [smoother.trackeRdata](#). Typically used to construct a control argument for [smoother.trackeRdata](#).

## Usage

```
smoother_control.trackeRdata(
  fun = "mean",
  width = 10,
  parallel = FALSE,
  what = c("speed", "heart_rate"),
  nsessions = NA,
  ...
)
```

```
smootherControl.trackeRdata(
  fun = "mean",
```

```

    width = 10,
    parallel = FALSE,
    what = c("speed", "heart_rate"),
    nsessions = NA,
    ...
  )

```

### Arguments

|           |                                                                                                                                                                       |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| fun       | The name of the function to be matched and used to aggregate/smooth the data.                                                                                         |
| width     | The width of the window in which the raw observations get aggregated via function fun.                                                                                |
| parallel  | Logical. Should computation be carried out in parallel? If TRUE computation is performed in parallel using the backend provided to <b>foreach</b> . Default is FALSE. |
| what      | Vector of the names of the variables which should be smoothed.                                                                                                        |
| nsessions | Vector containing the number of session. Default corresponds to all sessions belonging to the same group. Used only internally.                                       |
| ...       | Currently not used.                                                                                                                                                   |

### See Also

[smoother.trackeRdata](#)

---

|                  |                                                             |
|------------------|-------------------------------------------------------------|
| sort.trackeRdata | <i>Sort sessions in <a href="#">trackeRdata</a> objects</i> |
|------------------|-------------------------------------------------------------|

---

### Description

Sort the sessions [trackeRdata](#) objects into ascending or descending order according to the first session timestamp.

### Usage

```

## S3 method for class 'trackeRdata'
sort(x, decreasing = FALSE, ...)

```

### Arguments

|            |                                                                          |
|------------|--------------------------------------------------------------------------|
| x          | A trackeRdata object.                                                    |
| decreasing | Logical. Should the objects be sorted in increasing or decreasing order? |
| ...        | Currently not used.                                                      |

---

|                |                                   |
|----------------|-----------------------------------|
| speed2distance | <i>Convert speed to distance.</i> |
|----------------|-----------------------------------|

---

**Description**

Convert speed to distance.

**Usage**

```
speed2distance(speed, time, timeunit, cumulative = TRUE)
```

**Arguments**

|            |                                                         |
|------------|---------------------------------------------------------|
| speed      | Speed in meters per second.                             |
| time       | Time.                                                   |
| timeunit   | Time unit in speed, e.g., "hours" for speed in *_per_h. |
| cumulative | Logical. Should the cumulative distances be returned?   |

**Value**

Distance in meters.

---

|                     |                                     |
|---------------------|-------------------------------------|
| summary.trackeRdata | <i>Summary of training sessions</i> |
|---------------------|-------------------------------------|

---

**Description**

Summary of training sessions

**Usage**

```
## S3 method for class 'trackeRdata'
summary(
  object,
  session = NULL,
  moving_threshold = NULL,
  unit_reference_sport = NULL,
  ...
)
```

**Arguments**

|                                   |                                                                                                                                                                                                                                                                                 |
|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>object</code>               | An object of class <code>trackeRdata</code> .                                                                                                                                                                                                                                   |
| <code>session</code>              | A numeric vector of the sessions to be summarised, defaults to all sessions.                                                                                                                                                                                                    |
| <code>moving_threshold</code>     | A named vector of 3 speeds above which an athlete is considered moving, given in the unit of the speed measurements in <code>object</code> . If <code>NULL</code> (default), the speeds are taken to be <code>c(cycling = 2, running = 1, swimming = 0.5)</code> . See Details. |
| <code>unit_reference_sport</code> | The sport to inherit units from (default is taken to be the most frequent sport in <code>object</code> ).                                                                                                                                                                       |
| <code>...</code>                  | Currently not used.                                                                                                                                                                                                                                                             |

**Details**

The default speed thresholds are 1 m/s for running (3.6 km/h; slow walking), 2 m/s for cycling (7.2 km/h) for cycling and 0.5 m/s (1.8km/h) for swimming. For reference, the preferred walking speed for humans is around 1.4 m/s (Bohannon, 1997).

The units for the computed summaries match those of the sport specified by `unit_reference_sport`.

If `object` has thresholds then the thresholds that match those of the sport specified by `unit_reference_sport` are applied to the respective summaries.

**Value**

An object of class `trackeRdataSummary`.

**References**

Bohannon RW (1997). 'Comfortable and Maximum Walking Speed of Adults Aged 20–79 Years: Reference Values and Determinants.' *Age and Ageing*, 26(1), 15–19. doi: 10.1093/ageing/26.1.15.

**See Also**

[plot.trackeRdataSummary](#)

**Examples**

```
data('runs', package = 'trackeR')
runSummary <- summary(runs, session = 1:2)
## print summary
runSummary
print(runSummary, digits = 3)
## Not run:
## change units
change_units(runSummary, variable = 'speed', unit = 'km_per_h')
## plot summary
runSummaryFull <- summary(runs)
plot(runSummaryFull)
plot(runSummaryFull, group = c('total', 'moving'),
```

```

what = c('avgSpeed', 'distance', 'duration', 'avgHeartRate', "total_elevation_gain")

## End(Not run)

```

---

threshold.trackeRdata *Thresholding for variables in trackeRdata objects*

---

## Description

Thresholding for variables in trackeRdata objects

## Usage

```

## S3 method for class 'trackeRdata'
threshold(object, variable, lower, upper, sport, trace = FALSE, ...)

threshold(object, ...)

```

## Arguments

|          |                                                                                                                            |
|----------|----------------------------------------------------------------------------------------------------------------------------|
| object   | An object of class <code>trackeRdata</code> .                                                                              |
| variable | A vector containing the names of the variables to which thresholding is applied. See Details.                              |
| lower    | A vector containing the corresponding lower thresholds. See Details.                                                       |
| upper    | A vector containing the corresponding upper thresholds. See Details.                                                       |
| sport    | A vector of sports (amongst 'cycling', 'running', 'swimming') with each element corresponding to variable, lower and upper |
| trace    | Should a progress report be printed? Default is FALSE                                                                      |
| ...      | Currently not used.                                                                                                        |

## Details

lower and upper are always understood as referring to the units of the object.

If the arguments variable, lower, and upper are all unspecified, the following default thresholds are employed

- latitude [-90, 90] degrees
- longitude [-180, 180] degrees
- altitude [-500, 9000] m
- distance [0, Inf] meters
- cadence\_running [0, Inf] steps per min
- cadence\_cycling [0, Inf] revolutions per min
- speed [0, Inf] meters
- heart rate [0, 250] bpm

- power [0, Inf] W
- pace [0, Inf] min per km
- duration [0, Inf] seconds
- temperature [-20, 60] C

after they have been transformed to the units of the object

The thresholds for speed differ across sports: for running they are [0, 12.5] meters per second, for cycling [0, 100] meters per second and for swimming [0, 5] meters per second.

### Examples

```
## Not run:
data('runs', package = 'trackerR')
plot(runs, session = 4, what = 'speed', threshold = FALSE)
runsT <- threshold(runs, variable = 'speed', lower = 0, upper = 12.5, sport = "running")
plot(runsT, session = 4, what = 'speed', threshold = FALSE)

## End(Not run)
```

---

|                    |                                              |
|--------------------|----------------------------------------------|
| timeAboveThreshold | <i>Time spent above a certain threshold.</i> |
|--------------------|----------------------------------------------|

---

### Description

Time spent above a certain threshold.

### Usage

```
timeAboveThreshold(object, threshold = -1, ge = TRUE)
```

### Arguments

|           |                                                                                                   |
|-----------|---------------------------------------------------------------------------------------------------|
| object    | A (univariate) zoo object.                                                                        |
| threshold | The threshold.                                                                                    |
| ge        | Logical. Should time include the threshold (greater or equal to threshold) or not (greater only)? |

---

|          |                                                                                 |
|----------|---------------------------------------------------------------------------------|
| timeline | <i>Generic function for visualising the sessions on a time versus date plot</i> |
|----------|---------------------------------------------------------------------------------|

---

## Description

Generic function for visualising the sessions on a time versus date plot

Timeline plot for [trackeRdata](#) objects.

Timeline plot for [trackeRdataSummary](#) objects

## Usage

```
timeline(object, lims, ...)

## S3 method for class 'trackeRdata'
timeline(object, lims = NULL, ...)

## S3 method for class 'trackeRdataSummary'
timeline(object, lims = NULL, ...)
```

## Arguments

|        |                                                                                                                                          |
|--------|------------------------------------------------------------------------------------------------------------------------------------------|
| object | An object of class <a href="#">trackeRdata</a> or <a href="#">trackeRdataSummary</a> .                                                   |
| lims   | An optional vector of two times in HH:MM format. Default is NULL. If supplied, the times are used to define the limits of the time axis. |
| ...    | Arguments passed to <a href="#">summary.trackeRdata</a> .                                                                                |

## Examples

```
## Not run:
data('runs', package = 'trackeR')
## timeline plot applied on the \code{trackeRdata} object directly and with
## inferred limits for the time axis
timeline(runs)

## the same timeline plot applied on the \code{trackeRdataSummary} object
runSummary <- summary(runs)
timeline(runSummary, lims = c('00:01', '23:59'))

## End(Not run)
```



---

|         |                                                                                               |
|---------|-----------------------------------------------------------------------------------------------|
| trackeR | <i>trackeR: Infrastructure for running and cycling data from GPS-enabled tracking devices</i> |
|---------|-----------------------------------------------------------------------------------------------|

---

## Description

trackeR provides infrastructure for handling cycling and running data from GPS-enabled tracking devices. After extraction and appropriate manipulation of the training or competition attributes, the data are placed into session-aware data objects with an S3 class `trackeRdata`. The information in the resultant data objects can then be visualised, summarised and analysed through corresponding flexible and extensible methods.

## Note

Core facilities in the trackeR package, including reading functions (see [readX](#)), data pre-processing strategies (see [trackeRdata](#)), and calculation of concentration and distribution profiles (see [distributionProfile](#) and [concentrationProfile](#)) are based on un-packaged R code that was developed by Ioannis Kosmidis for the requirements of the analyses in Kosmidis & Passfield (2015).

## Note

This work has been supported by the English Institute of Sport (currently UK Sports Institute) <https://uksportsinstitute.co.uk> and University College London (UCL), which jointly contributed to the grant that funded Hannah Frick's Post Doctoral Research Fellowship at UCL between 2014 and 2016 and a percentage of Ioannis Kosmidis' time. Ioannis Kosmidis has also been supported by the Alan Turing Institute under the EPSRC grant EP/N510129/1 (Turing award number TU/B/000082). The support of the aforementioned organisations is greatly acknowledged.

Hannah Frick maintained trackeR from its first release up and since version 1.0.0.

## Author(s)

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- Robin Hornak <robinhornak@gmail.com>

## References

- Frick, H., Kosmidis, I. (2017). trackeR: Infrastructure for Running and Cycling Data from GPS-Enabled Tracking Devices in R. *Journal of Statistical Software*, **82**(7), 1–29. doi:10.18637/jss.v082.i07
- Kosmidis, I., and Passfield, L. (2015). Linking the Performance of Endurance Runners to Training and Physiological Effects via Multi-Resolution Elastic Net. *ArXiv e-print* arXiv:1506.01388.

**See Also**

Useful links:

- <https://github.com/trackerproject/trackeR>
- Report bugs at <https://github.com/trackerproject/trackeR/issues>

---

trackeRdata

*Create a trackeRdata object*


---

**Description**

Create a trackeRdata object from a data frame with observations being divided in separate training sessions. For breaks within a session observations are imputed.

**Usage**

```
trackeRdata(
  dat,
  units = NULL,
  sport = NULL,
  session_threshold = 2,
  correct_distances = FALSE,
  smooth_elevation_gain = TRUE,
  from_distances = TRUE,
  country = NULL,
  mask = TRUE,
  lgap = 30,
  lskip = 5,
  m = 11,
  silent = FALSE
)
```

**Arguments**

|                   |                                                                                                                                                                                           |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| dat               | A <a href="#">data.frame</a> object.                                                                                                                                                      |
| units             | The output of <a href="#">generate_units</a> .                                                                                                                                            |
| sport             | What sport does dat contain data of? Either 'cycling', 'running', 'swimming' or NULL (default), in which case the sport is directly extracted from the dat. See <a href="#">Details</a> . |
| session_threshold | The threshold in hours for the time difference between consecutive timestamps above which they are considered to belong to different training sessions.                                   |
| correct_distances | Logical. Should the distances be corrected for elevation? Default is FALSE.                                                                                                               |

|                       |                                                                                                                                                                               |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| smooth_elevation_gain | Logical. Should the elevation gain be smoothed before computing elevation gain? Default is TRUE.                                                                              |
| from_distances        | Logical. Should the speeds be calculated from the distance recordings instead of taken from the speed recordings directly?                                                    |
| country               | ISO3 country code for downloading altitude data. If NULL, country is derived from longitude and latitude                                                                      |
| mask                  | Logical. Passed on to <a href="#">getData</a> . Should only the altitudes for the specified country be extracted (TRUE) or also those for the neighbouring countries (FALSE)? |
| lgap                  | Time in seconds corresponding to the minimal sampling rate.                                                                                                                   |
| lskip                 | Time in seconds between the last observation before a small break and the first imputed speed or the last imputed speed and the first observation after a small break.        |
| m                     | Number of imputed observations in each small break.                                                                                                                           |
| silent                | Logical. Should warnings be generated if any of the sanity checks on the data are triggered?                                                                                  |

## Details

During small breaks within a session, e.g., because the recording device was paused, observations are imputed the following way: 0 for speed, last known position for latitude, longitude and altitude, NA or 0 power for running or cycling session, respectively, and NA for all other variables. Distances are (re-)calculated based on speeds after imputation.

trackeRdata assumes that all observations in `dat` are from the same sport, even if `dat` ends up having observations from different sessions (also depending on the value of `session_threshold`).

if `attr(dat, 'sport')` is NA then the current implementation of trackeRdata returns an error.

More details about the resulting trackeRdata object are available in the package vignette, which is an up-to-date version of Frick & Kosmidis (2017).

## References

Frick, H., Kosmidis, I. (2017). trackeR: Infrastructure for Running and Cycling Data from GPS-Enabled Tracking Devices in R. *Journal of Statistical Software*, **82**(7), 1–29. doi:10.18637/jss.v082.i07

## See Also

[readContainer](#) for reading .tcx and .db3 files directly into trackeRdata objects, and [get\\_elevation\\_gain](#) for details on the computation of the elevation gain.

## Examples

```
## read raw data
filepath <- system.file('extdata/tcx/', '2013-06-08-090442.TCX.gz', package = 'trackeR')
run0 <- readTCX(file = filepath, timezone = 'GMT')

## turn into trackeRdata object
units0 <- generate_units()
run0 <- trackeRdata(run0, units = units0)
```

---

|                                  |                                                         |
|----------------------------------|---------------------------------------------------------|
| <code>unique.trackerRdata</code> | <i>Extract unique sessions in a trackerRdata object</i> |
|----------------------------------|---------------------------------------------------------|

---

**Description**

Extract unique sessions in a trackerRdata object

**Usage**

```
## S3 method for class 'trackerRdata'
unique(x, incomparables = FALSE, ...)
```

**Arguments**

- `x` A trackerRdata object.
- `incomparables` Currently not used.
- `...` Currently not used.

**Details**

Uniqueness is determined by comparing the first timestamp of the sessions in the trackerRdata object.

---

|                   |                     |
|-------------------|---------------------|
| <code>Wexp</code> | <i>W' expended.</i> |
|-------------------|---------------------|

---

**Description**

Calculate W' expended, i.e., the work capacity above critical power/speed which has been depleted and not yet been replenished.

**Usage**

```
Wexp(object, w0, cp, version = c("2015", "2012"), meanRecoveryPower = FALSE)
```

**Arguments**

- `object` Univariate [zoo](#) object containing the time stamped power output or speed values. (Power should be in Watts, speed in meters per second.)
- `w0` Initial capacity of W', as calculated based on the critical power model by Monod and Scherrer (1965).
- `cp` Critical power/speed, i.e., the power/speed which can be maintained for longer period of time.

|                   |                                                                                                                                                                       |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| version           | How should W' be replenished? Options include '2015' and '2012' for the versions presented in Skiba et al. (2015) and Skiba et al. (2012), respectively. See Details. |
| meanRecoveryPower | Should the mean of all power outputs below critical power be used as recovery power? See Details.                                                                     |

## Details

Skiba et al. (2015) and Skiba et al. (2012) both describe an exponential decay of  $W'$  expended over an interval  $[t_{i-1}, t_i)$  if the power output during this interval is below critical power:

$$W_{exp}(t_i) = W_{exp}(t_{i-1}) * \exp(nu * (t_i - t_{i-1}))$$

However, the factor nu differs: Skiba et al. (2012) describe it as  $1/\tau$  with  $\tau$  estimated as

$$tau = 546 * \exp(-0.01 * (CP - P_i)) + 316$$

Skiba et al. (2015) use  $(P_i - CP)/W'_0$ . Skiba et al. (2012) and Skiba et al. (2015) employ a constant recovery power (calculated as the mean over all power outputs below critical power). This rationale can be applied by setting the argument meanRecoveryPower to TRUE. Note that this uses information from all observations with a power output below critical power, not just those prior to the current time point.

## References

- Monod H, Scherrer J (1965). 'The Work Capacity of a Synergic Muscular Group.' *Ergonomics*, 8(3), 329–338.
- Skiba PF, Chidnok W, Vanhatalo A, Jones AM (2012). 'Modeling the Expenditure and Reconstitution of Work Capacity above Critical Power.' *Medicine & Science in Sports & Exercise*, 44(8), 1526–1532.
- Skiba PF, Fulford J, Clarke DC, Vanhatalo A, Jones AM (2015). 'Intramuscular Determinants of the Ability to Recover Work Capacity above Critical Power.' *European Journal of Applied Physiology*, 115(4), 703–713.

---

Wprime

$W'$ : work capacity above critical power/speed.

---

## Description

$W'$ : work capacity above critical power/speed.

**Usage**

```
Wprime(
  object,
  session = NULL,
  quantity = c("expended", "balance"),
  w0,
  cp,
  version = c("2015", "2012"),
  meanRecoveryPower = FALSE,
  parallel = FALSE,
  ...
)
```

**Arguments**

|                   |                                                                                                                                                                       |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| object            | A <a href="#">trackeRdata</a> object.                                                                                                                                 |
| session           | A numeric vector of the sessions to be used, defaults to all sessions.                                                                                                |
| quantity          | Should W' 'expended' or W' 'balance' be returned?                                                                                                                     |
| w0                | Initial capacity of W', as calculated based on the critical power model by Monod and Scherrer (1965).                                                                 |
| cp                | Critical power/speed, i.e., the power/speed which can be maintained for longer period of time.                                                                        |
| version           | How should W' be replenished? Options include '2015' and '2012' for the versions presented in Skiba et al. (2015) and Skiba et al. (2012), respectively. See Details. |
| meanRecoveryPower | Should the mean of all power outputs below critical power be used as recovery power? See Details.                                                                     |
| parallel          | Logical. Should computation be carried out in parallel? If TRUE computation is performed in parallel using the backend provided to <b>foreach</b> . Default is FALSE. |
| ...               | Currently not used.                                                                                                                                                   |

**Details**

#' Skiba et al. (2015) and Skiba et al. (2012) both describe an exponential decay of  $W'$  expended over an interval  $[t_{i-1}, t_i]$  if the power output during this interval is below critical power:

$$W_{exp}(t_i) = W_{exp}(t_{i-1}) * \exp(nu * (t_i - t_{i-1}))$$

However, the factor nu differs: Skiba et al. (2012) describe it as  $1/\tau$  with  $\tau$  estimated as

$$tau = 546 * \exp(-0.01 * (CP - P_i)) + 316$$

Skiba et al. (2015) use  $(P_i - CP)/W'_0$ . Skiba et al. (2012) and Skiba et al. (2015) employ a constant recovery power (calculated as the mean over all power outputs below critical power). This rationale can be applied by setting the argument meanRecoveryPower to TRUE. Note that this uses information from all observations with a power output below critical power, not just those prior to the current time point.

**Value**

An object of class `trackerWprime`.

**References**

Monod H, Scherrer J (1965). 'The Work Capacity of a Synergic Muscular Group.' *Ergonomics*, 8(3), 329–338.

Skiba PF, Chidnok W, Vanhatalo A, Jones AM (2012). 'Modeling the Expenditure and Reconstitution of Work Capacity above Critical Power.' *Medicine & Science in Sports & Exercise*, 44(8), 1526–1532.

Skiba PF, Fulford J, Clarke DC, Vanhatalo A, Jones AM (2015). 'Intramuscular Determinants of the Ability to Recover Work Capacity above Critical Power.' *European Journal of Applied Physiology*, 115(4), 703–713.

**Examples**

```
## Not run:
data('runs', package = 'trackerR')
wexp <- Wprime(runs, session = c(11,13), cp = 4, version = '2012')
plot(wexp)

## End(Not run)
```

---

zones

*Time spent in training zones.*

---

**Description**

Time spent in training zones.

**Usage**

```
zones(
  object,
  session = NULL,
  what = c("speed"),
  breaks = NULL,
  parallel = FALSE,
  n_zones = 9,
  unit_reference_sport = NULL,
  ...
)
```

**Arguments**

|                                   |                                                                                                                                                                       |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>object</code>               | An object of class <code>trackeRdata</code> .                                                                                                                         |
| <code>session</code>              | A numeric vector of the sessions to be plotted, defaults to all sessions.                                                                                             |
| <code>what</code>                 | A vector of variable names.                                                                                                                                           |
| <code>breaks</code>               | A list of breakpoints between zones, corresponding to the variables in <code>what</code> .                                                                            |
| <code>parallel</code>             | Logical. Should computation be carried out in parallel? If TRUE computation is performed in parallel using the backend provided to <b>foreach</b> . Default is FALSE. |
| <code>n_zones</code>              | numeric that sets the number of zones for data to be split into. Default is 9.                                                                                        |
| <code>unit_reference_sport</code> | The sport to inherit units from (default is taken to be the most frequent sport in object).                                                                           |
| <code>...</code>                  | Currently not used.                                                                                                                                                   |

**Value**

An object of class `trackeRdataZones`.

**See Also**

[plot.trackeRdataZones](#)

**Examples**

```
data('run', package = 'trackeR')
runZones <- zones(run, what = 'speed', breaks = list(speed = c(0, 2:6, 12.5)))
## if breaks is a named list, argument 'what' can be left unspecified
runZones <- zones(run, breaks = list(speed = c(0, 2:6, 12.5)))
## if only a single variable is to be evaluated, 'breaks' can also be a vector
runZones <- zones(run, what = 'speed', breaks = c(0, 2:6, 12.5))
plot(runZones)
```



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